



Newcomer Resources in San Diego and El Cajon

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El Cajon Collaborative

www.elcajoncollaborative.org

www.elcajonresources.org

Types of Resources

- Resettlement Organizations
- Education
- Job Preparation/Development
- Other language capable support services
- Relevant support services that may not have language support

Resettlement Organizations

- **Alliance for African Assistance**
5952 El Cajon Blvd., San Diego, CA 92115
(619) 286-9052
- **Catholic Charities**
4575-A Mission Gorge Place, San Diego, CA 92120
(619) 287-9454
- **International Rescue Committee**
5348 University Ave., San Diego, CA 92105
(619) 641-7510
- **Jewish Family Service**
Turk Family Center, 8804 Balboa Ave., San Diego, CA 92123
(858) 637-3030

Education

- **ESL Classes**

- **Grossmont Adult School** (619) 401-9750
 - Libraries and other community locations
- **Cuyamaca College** (619) 660-4000
 - Partnership with the Cajon Valley Union School District
(619) 588-3021 (*translators*) and (619)593-5209 (*parent center*)
- **Grossmont College** (619) 644-7000
- **Laubach Literacy Council** (619) 442-1481
 - Needs volunteer tutors!

- **Cuyamaca CalWORKs**

- **Sheryl Ashley** (619) 660-4332
- Also available at Grossmont College, call Sheryl for contact

Job Preparation/Development

- **Maximus (619) 937-4406**
 - For those families with CalWORKS
 - Work experience coordinator Kecia Kellam (619) 937-4408
 - Looking for medical/dental and veterinary locations that could use volunteer workers needing to gain experience
- **Home-Start Family Self Sufficiency (619) 401-8375**
 - For those individuals without CalWORKS
 - May not have language capacity
- **Welcome Back Center at Grossmont College**
(619) 409-6417
 - For those newcomers with a healthcare background, nursing is the most promising option

Job Preparation/Development

- **International Rescue Committee (IRC) Microenterprise Program (619) 641-7510**
 - Loans and assistance to refugees who want to start a business
- **Horn of Africa (619) 583-0532**
 - Free training assisting refugee women to become licensed family day care providers.
- **RefugeeWorks**
 - Training and support for job developers and “Employer Relations Task Force”

Other Language Capable Support Services

- [Chaldean-Middle Eastern Social Services](#)
343 E. Main Street, Suite #201, El Cajon, CA 92020
(619) 631-7400
Services for Chaldean and Middle Eastern communities in San Diego. Their programs are focused on Behavioral Health, Immigration Services, Cultural Sensitivity, Parenting, and Anti-Stigma.
- [Episcopal Refugee Network](#)
4305 University Avenue #630, San Diego, CA 92105
(619) 283-1337
Services for Sudanese and Burmese refugees throughout San Diego County. Programs focus on supportive services, help with documentation, translation, employment assistance and tutoring.
- [Horn of Africa](#)
5296 University Avenue, Suite F, San Diego, CA 92105
619-583-0532
Services for East African refugees and immigrants with a focus on the Somali refugee community. Their programs are focused on family health, economic development and gang prevention.
- [Islamic Speakers Bureau](#)
(858) 752-8788
Islamic Speakers Bureau of San Diego provides interactive presentations about Islam and Muslims.

Other Language Capable Support Services Continued..

- **Kurdish Human Rights Watch**
1109 East Washington Avenue, El Cajon, CA 92019
(619)447-9933
Services for Kurdish and Middle Eastern communities in San Diego. Their programs focus on employment, translation and interpretation, orientation and cross-cultural training, ethnic organizing, health education and immigration.
- **License to Freedom**
(619) 401-2800
Advocacy for Middle Eastern battered immigrant and refugee women. Programs include domestic violence advocacy, faith-based dialogue, and driver's license instruction.
- **Muslim Women in Action**
(619) 933-6886
Services for Muslim women and families in San Diego County and to education for the public about the Islamic way of life. Programs focus on Women & Families in Crisis, Emergency Food, Clothing Assistance, Emergency Housing Assistance, and in case of death – Janazah Assistance for women & children.

Support Services

(possibly no language support)

- **Domestic Violence Wraparound Services:**
[Center for Community Solutions](#) (888) 385-4657
- **Health and Development Services for Families with Children under age 5:**
[Family Health Centers of San Diego](#)
(619) 515-2463
Health Development Services for families with children under age 5, including case management and parenting classes.
- **Landlord/Tenants Rights, Hate Crime Prevention and Immigration Advocacy:**
[Center for Social Advocacy](#)
(619) 444-5700
Advocates for fair housing and mediated tenant/landlord issues, as well as hate crime prevention, civil rights for immigrants, human trafficking, and youth and voter education.

Support Services

(possibly no language support) continued...

- **Mental Health Counseling and Case Management: Survivors of Torture, International**
(619) 278-2400
Provides comprehensive mental health and case management services including connections to health and dental care for torture survivors regardless of immigration status.
- **Casa Cornelia Hotline 1-800-704-4041**
 - Free legal services to those seeking asylum, some assistance with other immigration (such as unaccompanied minors or domestic violence)

Other Notable Groups

- **El Cajon Collaborative Newcomer Support Work Group**

- Meets 1st Thursday of each month from 10:30-12 at CVUSD Offices (750 E. Main Street, El Cajon)

- **San Diego Refugee Forum**

- Meets the 3rd Tuesday of the month from 10:30-12
- April 9th, Conference on Language Access in the Health Care System

www.sdrefugeeforum.org/conference.html