

## EL CAJON COLLABORATIVE COUNCIL PARTICIPANTS CONTACT LIST

\*Lists individuals who have attended during the last 6 months only.

Agency/Affiliation	First Name	Last Name	Brief Description	Phone #	Email	Initial
AKA Head Start	Angie	Gonzales	Family and Community Support Specialist	(619) 444-0530	agonzales@akaheadstart.org	
AKA Head Start	Rynna	Herwehe	Health Specialist for AKA Head Start preschool program servicing 3-5 yr old children's families	(619) 444-0503	rherwehe@akaheadstart.org	
AKA HeadStart Redwood	Scarlett	Seals	Low Income Preschool Program	(619) 579-0366	sseals@akaheadstart.org	
Alvarado Parkway Institute (ARI)	Lynnetta	Devereaux	Inpatient & Outpatient Behavioral Health Services	(619) 571-3177	ldevereaux@apibhs.com	
American Red Cross	Dora	Arnold	Outreach Department	(858) 309-1475	dora.arnold@sdarc.org	
American Red Cross	Mariana	Vasconcelos	Providing Community Disaster Education Presentation	(858) 309-1338	mariana.vasconcelos@sdarc.org	
American Red Cross - El Cajon WIC	Janet	Kandi	Supplemental nutrition program for pregnant, postpartum for women and children	(619) 593-1440	janet.kandi@sdarc.org	
ASAP	Betty	Chafetz	Community member with concerns about Airport Environment	(619) 562-3356	bac21@cox.net	
Assertive Care at Home	Alaina	Sims	Non Medical In Home Care	(619) 466-6890	info@assertivehomecare.com	
At Your Home FAMILYCARE	LaVonna	Connelly	Non-medical homecare, door thur door transportation, caregiving training and education	(858) 625-0406	familycare@atyourhomefamilycare.com	
Big Brothers-Big Sisters of San Diego County	Claudia	Aldana	Mentoring Organization	(858) 536-4900	ClaudiaA@SDBigs.org	
Birth Parent Association	Pamela	Toohey	Providing specifically designed services to parents and families that could be, have been or are currently involved in CPS.	(619) 277-7909	birthparents@yahoo.com	
Cajon Valley Union School District	Janet	Middleton	Student Support Services	(619) 588-3667	middleton@cajonvalley.net	

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Catholic Charities	Anya	Kuzma	Services to homeless, seniors, immigrants, refugees in San Diego and Imperial counties	(619) 287-7454 x.159	akuzma@ccdsd.org	
Catholic Charities	Michael	McKay	Refugee Resettlement	(619) 287-9454	mmckay@ccdsd.org	
Center for Community Services	Diana	Tova	DV Victim advocate	(619) 697-7477 x. 33	dtovar@ccssd.org	
Center for Community Solutions	Afrah	Abdulkader	Domestic Violence Victim Advocate	(619) 516-3005	aabdulkader@ccssd.org	
Center for Community Solutions	Ma'at	Crook	Prevention Educator	(619) 697-7477 x.13	mcrook@ccssd.org	
Center for Community Solutions	Kristina	Perez	Child Advocate		kperez@ccssd.org	
Center for Community Solutions	Michelle	Smith	Domestic Violence Services program manager, East and Central	(619) 697-7477 x.20	msmith@ccssd.org	
Center for Social Advocacy	Carmen	Aparicio	Housing counseling, fair housing, hate crimes, immigration, human trafficking	(619) 444-5700 x. 302	carmen@c4sa.org	
Chaldean-Middle Eastern Social Services (C-MSS)	Nawal	Alkatib	Chaldean Middle Services	(619) 631-7400	nawalalkatib@c-mss.org	
Chaldean-Middle Eastern Social Services (C-MSS)	Besma	Coda		(619) 631-7400	besmacoda@c-mss.org	
Communities Against Substance Abuse	Enrique	De La Cruz	Substance abuse prevention	(619) 442-2727 x.111	Enrique.DeLaCruz@eccasa.org	
Community Services for Families	Luz	Alarcon	Case management services for families involved with Child Welfare Services	(619) 203-2108	lalarcon@home-start.org	
Community Services for Families	Kate	Bedwell	Case management services for families involved with Child Welfare Services	(619) 953-5154	kbedwell@home-start.org	
Courage to Call	Stacey	Bernadean	Information and resources referrals for veterans and their families	619-209-4684	sbernadean@mhsinc.org	
Courage to Call	Yuki	Herrera	Information and resources referrals for veterans and their families	619-606-1663	yuki.herrera@vvsd.net	

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Courage to Call	Joe	Qualls	Information and resources referrals for veterans and their families	619 843-7902	joseph.qualls@vvsd.net	
Crisis House	Maria	Garcia	Social Services	(619) 441-1194	mariag@crisishouse.com	
Crossroads Family Center (CRF)	Brianna	Falcon	Outpatient Mental Health clinic for children, youth and families	(619) 441-1907	bfalcon@comresearch.org	
Crossroads Family Center (CRF)	Rebecca	Raymond	Outpatient Mental Health clinic for children, youth and families	(619) 441-1907	rreymond@comresearch.org	
Crossroads Family Center (CRF)	Kitzia	Cesario		(619) 441-1907	kcesario@comresearch.org	
Cuyamaca College	Sheryl	Ashley	CalWORKs Program Specialist	(619) 660-4332	sheryl.ashley@gccd.edu	
East County Career Center	Susan	Roberts-Egley	Business Services ( job fairs, recruitments etc.	(619) 590-3900 x3038	susanr@workforce.org	
East County Career Center	Mary	Wilson	Career Center	(619) 590-3904	maryw@workforce.org	
East County Case Management	Chelsea	Myers	County Case Management	(619) 401-5487	chelseamyers@ymail.com	
East County Refugee Center	Joseph	Ziadduin	Help newcomer refugees from the Middle East.	(619) 442-1669	joseph@eastcountyrefugeecenter.org	
East County Transitional Living Center (TLC)	Sean	Oliver	Homeless Transitional Living program	(619) 302-2062	setfreesean@yahoo.com	
East County Transitional Living Center (TLC)	Denise	Valence	Work with homeless family, 24/7 residential program	(619) 447-4498	dcvalence@yahoo.com	
East County Transitional Living Center (TLC)	Wendy	Wade	Intern Social Worker	(619) 655-2515	wendy.ptao@yahoo.com	
El Cajon Adult Center	Robyn	Wiggins	ESL Classes for Adults	619-401-9750	rwiggins@guhsd.net	
El Cajon Community Development Corporation	Erica	Nagy	To help community members find social services and take pride in their homes.	(619) 401-8858	erica@downtownelcajon.com	
El Cajon First United Methodist Church, Bethlehem Food Pantry	Gwen	Johnson	Emergency Food services, SHARE agency, Community Service opportunities	(619) 517-4364	gmaj1@cox.net	
El Cajon Police Department	Scheurn	Samantha	Crime Free Multi Housing	(619) 579-4227	sscheurn@ci.el-cajon.ca.us	
El Cajon Valley High School/ SDYS	Jessica	Ricter	Case Coordinator at El Cajon Valley High in FRC	(619) 401-4788	jrictor@sdyouthservices.org	

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El Cajon Valley High School/ SDYS	Kara	Vickrey	Family Resource Center Coordinator – provide case management to ECVHS families	(619) 401-4785	kvickrey@sdyouthservices.org	
Episcopal Refugee Network	Elaine	McLevie	A mainly volunteer 501c3 corporation assisting refugees (mainly from Sudan and Myanmar) with whatever they need as they adjust to living in San Diego County.	(760) 633-4445	emclevie@gmail.com	
Familia Indigena Unida	Valentina	Torres	Mixtec (indigenous language of Oaxaca, Mexico) Cultural Exchange Program, Spanish, English and Mixtec classes	(619) 248-5127	itavalentina@gmail.com	
Family Health Centers of San Diego	Rosamaria	Davis-Gonzales	Outreach community worker	(619) 865-0127	rosamariad@fhcsd.org	
Family Health Centers of San Diego	Eva	Gutierrez-Hornero	Prenatal Program Community Clinic – outreach	(619) 876-4492 (619) 906-4615	evah@fhcsd.org	
Family Health Centers of San Diego	Shannon	Rohall	Healthy Development Services Departmental Assistant	(619) 906-4635	ShannonR@fhcsd.org	
Family Health Centers of San Diego	Eva	Navarrette	Breast, Cervical, Ovarian & Skin Cancer Health Info	(619) 876-4409	evah@fhcsd.org	
Foothills Christian Church	Vicki	Dmochowski	Church/Youth Venture Teen Centers	(619) 442-7728	vickidmochowski@foothills.org	
Grossmont Cuyamaca Community College District	Dana	Quittner	Chancellor's Office	(619) 644-7573	dana.quittner@gcccd.edu	
Grossmont Cuyamaca Community College District Welcome Back Center	Gail	Patterson	Employment and recertification aid to international doctors and nurses.	(619) 409-6417	gail_patterson@gcccd.edu	
Grossmont Union High School District - International Newcomers Center	Jason	Martinez	Intake center for new immigrant students into the GUHSD.	(619) 337-6143	jmartinez@guhsd.net	
Harmonium, Inc.	Krissy	Buxton		(619) 258-3740	kbuxton@harmoniumsd.org	
Healthy Adventures Foundation	Wendy	Hileman	Wellness and Community Health	(619) 466-4386 x.102	coachchristina@vebaonline.com	

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Healthy Adventures Foundation	Christina	Sirmons	Wellness and Community Health	(619) 466-4386 x.102	coachchristina@vebaonline.com	
Home Start, Inc.	Lara	Gamble	Family Self-Sufficiency	(619) 229-3660 x222	lgamble@home-start.org	
Home Start, Inc.	Zulema	Tamayo	Assisting families to enroll in Healthy Families, Medi-Cal and AIM.	(619) 401-8375 x.108	ztamayo@home-start.org	
Institute for Public Strategies - East County Community Change Project	Joyce	Moore	Alcohol, Tobacco and Other Drug Environmental Prevention	(619) 938-2942	jmoore@publicstrategies.org	
Iraqi-American Friendship Association	George	Alnarraie	Friendship and Services	(619) 277-0200	georgis619@yahoo.com	
Jewish Family Service	Marisol	Camarena	Community Liaison for providing Positive Parenting in a 3 series seminar	(858) 637-3377	marisolc.jfs@gmail.com	
Jewish Family Service	Caroline	Lorétan-Weiss	Counseling/Parenting Classes and support groups in Spanish and English	(858) 637-3065	carolinel@jfssd.org	
Jewish Family Service	Dawn-Marie	Tol	Intensive Medical Case Management for Refugee Resettlement	(858) 637-3081	dawnmt@jfssd.org	
Jewish Family Service	Mikaela	Wallinder	Family Strengthening Coordinator (for Refugees)	(858) 637-3359	mikaelaw@jfssd.org	
Ladies of Hope	Hanaa	Zaya		(619) 729-6565	hanaazaya@yahoo.com	
Laubach Literacy Council	Charles	Ross	English as a Second Language	(619) 442-1481	intgallery@aol.com	
Legal Aid Society of San Diego, Inc.	Shahin	Rahimi	Director of Low-Income Tax Clinic; serving low income individuals & disadvantaged communities for a variety of legal problems	(877) 534-2524 x.2602	shahinr@lassd.org	
License to Freedom	Dilkhwaz	Ahmed	Domestic Violence Education to Refugee and Immigrant	(619) 813-7415	dilkhwaz@licensetofreedom.org	
McAlister Institue	Rigo	Garcia		(619) 442-0277	rigog@mcalisterinstitutue.org	
McAlister Teen Recovery Center	Ray	Nickelson	Substance Abuse	(619) 588-5361	ERNTRC@McAlisterinstitute.org	
Mental Health America of San Diego	Laura	Andrews	Mental Health awareness through presentations in the communities	(619) 543-0412 x.102	landrews@mhasd.org	

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Mental Health America of San Diego	Akwanya	Awichu	Breaking down the barrier between the underserved community.	(619) 942-0432	aawichu@mhasd.org	
Mental Health America of San Diego	Tondra	Lolin	Outreach services coordinator, African-American communities Mental Health Education and Outreach	(619) 543-0412 x.106 (619) 942-9643	tlolin@mhasd.org	
Mental Health America of San Diego	Hector	Martinez	Mental Health awareness through presentations in the communities	(619) 542-0412	hmartinez@mhasd.org	
Mental Health Systems	Nayelly	Vicencio	Counseling Services for individuals on Calworks	619-442-5434	nvicencio@mhsinc.org	
Meridian Southern Baptist Church	Vanessa	Melendez	Community Svc Opportunities bldg space for meetings, training, classes	619 713-3078	vamelen@ymail.com	
Molina Healthcare	Juan	Estrada	San Diego Health Plan	(858) 401-9542	juan.estrada@molinahealthcare.com	
Motivating the Teen Spirit	Alex	Limon	Teen Empowerment; work readiness; suicide prevention; emotional literacy	(858) 583-2849	alimon4mts@yahoo.com	
National Childrens Study	Everardo	Aguilar	NCS community Outreach for Childrens Health	(858) 822-5409	efaguilar@ucsd.edu	
National Childrens Study	Celia	Stillwell	Providing Outreach for NCS	(858) 534-3845	cmstillwell@ucsd.edu	
National Childrens Study	Marla	Castaneda	Largest study ever done in US on how environment affects child growth and development.	(858) 822-5408	mccastaneda@ucsd.edu	
National Conflict Resolution Center	Natalie	McKenna	Mediation	(619) 593-4530	nmckenna@ncrconline.com	
Neighborhood Healthcare	Rocio	Abarca	CAA lead, assist with Healthy Families and Medi-Cal.	(619) 440-7616 x.203	rocioa@nhcare.org	
Neighborhood Healthcare	Kristhyn	Acosta	HCH Case Manager	(760) 520-8339	kristhynaa@nhcare.org	
Neighborhood Healthcare	Jessica	Fregoso	Teens Take Care Program	(619) 440-7616 x.212	JessicaT@nhcare.org	
Neighborhood Healthcare	Anabel	Lira	Teens Take Care Program	(619) 440-7616 x.202	anabell@nhcare.org	

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PCI & Mexican Consulate "Ventanilla de Salud Program"	Miriam	Hiel	"Window of Health" at Mexican consulate of San Diego	(619) 308-9964	mhiel@projectconcern.org	
Planned Parenthood	Sharina	Carbajal	Health Education Reproductive Health Services	619-881-4667	scarbajal@planned.org	
Public Consulting Group	Alex	Kahn	Contracted w/SD County for Employment Services	(619) 270-4058	akahn@pcgus.com	
Public Consulting Group	Rachel	Mosakowski	CalWorks WTN Program	619 270-4090	rmosakowski@pcgus.com	
Recovery Innovations of CA	Mary	Benson	Peer liaison		mary.Benson@recoveryinnovations.org	
Recovery Innovations of CA	Laura	Wiseman	Peer Liaison for East County	(858) 274-4650	laura.wiseman@recoveryinnovations.org	
Recreation Department of the City of El Cajon	Marilee	Gorham	Recreation Services Manager	(619) 441-1756	mgorham@ci.el-cajon.ca.us	
San Diego County Child Welfare Services	Neda	Rivera		(619) 401-3806	neda.rivera@sdcounty.ca.gov	
San Diego County HHSA East Region	Romalyn	Watson	Health Promotion activities in East Region	(619) 668-3760	romalyn.watson@sdcounty.ca.gov	
San Diego County HHSA East Region	Katie	Judd	Health Promotions	(619) 668-3758	Katherine.judd@sdcounty.ca.gov	
San Diego County HHSA East Region	Amy	Menolez	Health Promotions	(619) 668-3677	amy.menolez@sdcounty.ca.gov	
San Diego County Immunization Branch	Tania	Farley	Provide health education and outreach countywide regarding immunizations.	(619) 692-5556	Tania.Farley@sdcounty.ca.gov	
San Diego County Library El Cajon Branch	Farrah	Mazhari	Promoting Middle Eastern Programs and Outreach at the library	(619) 588-3716	Farzaneh.Mazhari@sdcounty.ca.gov	
San Diego County Library El Cajon Branch	Nancy	Saint John	Principal Librarian El Cajon Branch	(619) 588-3708	nancy.saintjohn@sdcounty.ca.gov	
San Diego County Library El Cajon Branch	Kristin	Ward	Children's Librarian	(619) 588-3702	Kristin.Ward@sdcounty.ca.gov	
San Diego County Library El Cajon Branch	Jenne	Bergstrom	Adult Services Librarian	(619) 588-3726	jenne.bergstrom@sdcounty.ca.gov	
San Diego County Library Fletcher Hills Branch	Connie	Grace	Promote Literacy & Public Library Use	(619) 466-1132	connie.saksa@sdca.gov	

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San Diego County Library Rancho San Diego Branch	Brenna	Ring	The library has materials (books, DVDs, CDs) English, Spanish, Arabic, ESL café program, etc.	(619) 660-5370	brenna.ring@sdcounty.ca.gov	
San Diego County Office of Education (SDCOE)	Mara	Madrigal	Student Support Services	(858) 292-3569	mmadrigal@sdcoe.net	
San Diego County Office of Education (SDCOE)	Lem	Villalvazo	Homeless Education Program	(858) 503-2635	Lvillalvazo@sdcoe.net	
San Diego County Probation	Michelle	McHale	Probation Officer	(619) 441-4491	michelle.mchale@sdcounty.ca.gov	
San Diego County Public Health Nursing	Laura	Carter	Public Health Nurse	(619) 401-3615	Laura.Carter1@sdcounty.ca.gov	
San Diego County Public Health Nursing	Judy	Wright	Public Health Nurse	(619) 401-3524	judy.wright@sdcounty.ca.gov	
San Diego Mediation Center	Veronica	Montenegro	Free Mediation Services	(619) 593-4530	vmontenegro@ncrc.online.com	
SANDAPP	Matthew	Egebrecht	Provide case management to pregnant & parenting teens throughout San Diego County.	(619) 401-4787	megebrecht@sandi.net	
SDYS East County Behavioral Clinic	Michelle	Del Rio	Family Therapy Services for At-Risk Youth	(619) 448-9700	mdelrio@sdyouthservices.org	
SDYS East County Behavioral Clinic	Lorena	Gurule	THP+, Program Manager for Transitional Housing Program	(619) 221-8600 x.257	lgurule@sdyouthservices.org	
Sharp Mesa Vista Intensive cognitive outpatient program	Jen	Wojciechowski	Intensive outpatient program for adolescents	(619) 588-3828	Jennifer.wojciechowski@sharp.com	
Southern Indian Health Council	Pam	Aspinall	supervised visitations	619-445-1188	PAspinall@sihc.org	
Southern California Tribal Chairmen's Associations	Richard	Henley	Cash Aid assistance, case management/advocacy family support services.	(619) 460-3400 x212	rhenley@sctca.net	
Southern California Tribal Chairmen's Associations	Eddie	Perez	Cash Aid assistance, case management/advocacy family support services.	(619) 460-3400	eperez@sctca.net	
Southern California Tribal Chairmen's Association	Melissa	Morales	Community Liaison Assistant	(760) 742-8690	mmorales@sctca.net	
Southern California Tribal Chairmans Association	Tasha	Gamble	Tribal TANF	(619) 460-3400 x212	lgamble@home-start.org	



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Survivors of Torture Institute	Lucy	Jasso	Mental Health Refugee	(619) 278-2411	ljasso@notorture.org	
The Salvation Army	Maureen	McCully		(619) 440-4683 x 422	maureen.mccully@usw.salvationarmy.org	
UCSD Talent Search	Jorge	Hernandez	College Bound outreach program	(858) 967-2205	jshernandez@ucsd.edu	
University of San Diego Legal Clinics	Patty	O'Deane	Free legal services to low-income community.	(619) 260-7470 x7650	podeane@sandiego.edu	
Vista Hill/Parentcare Case Management	Kristen	Nielsen	Substance abuse intervention, case management and advocacy for pregnant/parenting women	(619) 787-2896	kneilsen@vistahill.org	
Vista Hill/Parentcare Case Management	Orfa	Rios	Substance abuse intervention, case management and advocacy for pregnant/parenting women	(619) 961-6491	orios@vistahill.org	
Volunteers in Medicine - San Diego	Maureen	Hartin	Free Medical Primary Care Clinic	(619) 440-4591	vimceo09@gmail.com	
Volunteers in Medicine - San Diego	Honey	Hira	Free Medical Primary Care Clinic	(619) 440-4591	vimvolunteer@gmail.com	
Volunteers of America	Terri	Moreno	Case Manager for Homeless Services	(619) 447-2428 x.32	tmoreno@voa.swcal.org	
Volunteers of America	Christine	Rossi	Board & Care for mentally ill, transitional housing and permanent supportive housing.	(619) 447-2428	crossi@voa-swcal.org	
Woodglen Vista Apartments	Tami	Belmain	Low Income Housing	(619) 562-3910	tbelmain@afevans.com	
YMCA Kinship	Claudia	Alvarez	Kinship Support Services	(619) 462-9622	calvarez@ymca.org	
	Ev	Lundgren	Volunteer/Community Member in mobilizing faith communities	(619) 871-3524	evlundgren@yahoo.com	

