



El Cajon Collaborative Homeless Services Working Group  
 August 21, 2024--Meeting Agenda  
 10:00 a.m. to 11:00 a.m.  
 Little House, 131 Avocado Ave., El Cajon 92020

Agenda Items	Time	Presenter	Action
I. <b>Welcome and Introductions:</b>	10:00	Carol	
II. <b>La Maestra Health Centers</b> Come learn about their Homeless and Reentry Outreach Program.	10:10	Manny Correra, Manager, La Maestra	
III. <b>It's Here- The 2024-2025 School Year-</b> Let's discuss our Connecting Families Resource Fair and other ways we can assist families this school year. We also need help assisting with resources on the ElCajonResources.org website to ensure our families are getting accurate and meaningful information.	10:35	Group	
IV. <b>Agency Sharing and Announcements-</b> Share what's going on with your program. We love hearing from you and if there are ways we can assist or create collaborative projects in the future.	10:50	Group	

**Next ECC Homeless Services Working Group Meeting:**  
 Wednesday, May 15, 2024 at 10:00 a.m.- Virtual for May Only  
<https://us02web.zoom.us/j/86339889994?pwd=VEY3UTNmWkdXVTBtbDZQdjoeDk1dz09>

**El Cajon Council Meetings:**  
 Tuesday, September 6, 2024 at 12:30 p.m. at CVUSD, 750 E. Main St., EC in the Boardroom

**El Cajon Collaborative Community Health Work Group**  
 Tuesday, September 17, 2024 at 8:30 a.m.  
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz09>

**El Cajon Collaborative- Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.**

**“Having an open mind means learning to add more to our already existing beliefs about affirming dignity of those who are impoverished.”**

— Terence Lester, I See You

## 2022-2024 Overall Strategic Focus El Cajon Collaborative

### **Goals:**

#### **1. Equitable Community Access to Nutritious Food:**

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

#### **2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

#### **3. Advance opportunities to create safe, healthy, and livable neighborhoods.**

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

#### **4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

*We're still collecting children's books for our Little House library. These books are given to children experiencing homelessness, domestic violence, or trauma.*

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