



El Cajon Collaborative Homeless Services Working Group  
 April 13, 2024--Meeting Agenda  
 10:00 a.m. to 11:00 a.m.  
 Little House, 131 Avocado Ave., El Cajon 92020

Agenda Items	Time	Presenter	Action
I. <b>Welcome and Introductions:</b>	10:00	Carol	
II. <b>Housing Assistance Program- License to Freedom</b> Learn about a housing program that serves our Middle Eastern communities and other services License to Freedom provides.	10:10	Dilkhwaz Ahmed, CEO	
III. <b>Preparing Resources for Families for Summer 2024</b> Update on the resource guide for families including food resources.	10:35	Group	
IV. <b>Agency Sharing and Announcements-</b> Share what’s going on with your program. We love hearing from you and if there are ways we can assist or create collaborative projects in the future.	10:50	Group	

**Next ECC Homeless Services Working Group Meeting:**  
 Wednesday, May 15, 2024 at 10:00 a.m.- Virtual for May Only  
<https://us02web.zoom.us/j/86339889994?pwd=VEY3UTNmWkdXVTBtbDZQdjdoeDk1dz09>

**El Cajon Council Meetings:**  
 Tuesday, May 7, 2024 at 12:30 p.m. at CVUSD, 750 E. Main St., EC in the Boardroom  
 Catholic Charities, MAAC Project, GRID Alternatives Presentations

**El Cajon Collaborative Community Health Work Group**  
 Tuesday, May 21, 2023 at 8:30 a.m.  
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz09>

**“We have a legal and moral obligation to protect people fleeing bombs, bullets and tyrants, and throughout history those people have enriched our society.”**  
 — Juliet Stevenson

**El Cajon Collaborative- Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.**

## 2022-2024 Overall Strategic Focus El Cajon Collaborative

### Goals:

#### 1. **Equitable Community Access to Nutritious Food:**

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

#### 2. **Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

#### 3. **Advance opportunities to create safe, healthy, and livable neighborhoods.**

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

#### 4. **Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

*We're still collecting children's books for our Little House library. These books are given to children experiencing homelessness, domestic violence, or trauma.*

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