



El Cajon Collaborative Council Meeting
May 5, 2020 / 12:30 – 2:00pm
Cajon Valley Union School District
750 E. Main St., El Cajon, CA 92020

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

Meeting Agenda
A Healthier El Cajon

- I. **Welcoming Remarks & Introductions-** Carol Lewis, El Cajon Collaborative Coordinator
- II. **Presentation:** Mayor Bill Wells- Updates from the City of El Cajon on COVID-19 Programs (*15 minutes*)
- III. **Health & Human Services—How Do We Meet Client’s Needs While Staying Safe & What Does Tomorrow Look Like :** (*60 minutes*)
Speaker: Elizabeth Bustos, HHS Director of Community Development Liaison
- IV. **Announcements-** Community Partner Announcements and Sharing- (*15 minutes*)
- V. **Adjournment**

Next Meeting: Tuesday, June 2nd 12:30 p.m. Virtual Meeting

Next Homeless Services Work Group: Wednesday, May 20th at 10:00 a.m.- Virtual Meeting

Next Community Health Work Group: Meeting Pending

*“There is no medicine like hope, no incentive so great,
and no tonic so powerful as expectation of something tomorrow.”*
Orison Swett Marden

Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus El Cajon Collaborative

1. Increase access to healthy, nutritious food:

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy and livable neighborhoods.

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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