



**El Cajon Collaborative Council Meeting**  
**March 3, 2020 / 12:30 – 2:00pm**  
**Cajon Valley Union School District**  
**750 E. Main St., El Cajon, CA 92020**

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

**Meeting Agenda**  
**A Healthier El Cajon**

- I. **Welcoming Remarks, Introductions & Announcements:** *(15 minutes)*
- II. **Presentation:** El Cajon Library and Rancho San Diego Library *(15 minutes)*
- III. **El Cajon Tobacco, Alcohol and Marijuana—Protecting our Youth:** *(60 minutes)*  
**Panelists:**  
CASA for Safe & Healthy Neighborhoods, Dana Stevens, CEO  
City of El Cajon, Councilman Gary Kendrick
- IV. **Adjournment**

**Next Meeting: Tuesday, April 7th 12:30 p.m. CVUSD Board Room**

**Next Homeless Services Work Group:** Tuesday, April 7th 9:00 a.m. CVUSD Board Room

**Next Community Health Work Group:** Tuesday, March 17th 8:30 a.m. Little House

**World of Wellness Resource Fair- Lexington Elementary School**

Thursday, March 26<sup>th</sup> at 2:00 to 4:30 p.m. Sign up to host a resource table.

More information call Carol at (619) 447-4380 or [carol.lewis@elcajoncollaborative.org](mailto:carol.lewis@elcajoncollaborative.org).



“It is time for parents to teach young people early on that in diversity  
there is beauty and there is strength.”

– Maya Angelou

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**Vision:**

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

## 2020-2024 Overall Strategic Focus El Cajon Collaborative

### **1. Increase access to healthy, nutritious food:**

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

### **2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

### **3. Advance opportunities to create safe, healthy and livable neighborhoods.**

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

### **4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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