



Community Health Working Group

October 19, 2021/ 8:30-9:45 a.m.

Virtual Online Zoom Meeting due to COVID-19

Community Health Work Group Meeting Purpose:

Collaborative partners who work together to identify and assess gaps, disparities, and community needs; by building on existing resources, formulating policy recommendations, and acting on data in new and coordinated ways so residents in El Cajon can thrive.

Agenda Items	Time	Presenter	Action
I. Welcome and Introductions	5 min.	Caroline	
II. 2020-2024 Overall Strategic Focus <ul style="list-style-type: none"> Finalize Document and Approval for Board Review 	15 min.	Caroline	
III. Presentation: Pathways, Kickstart Program	20 min.	Arisbet A. Armenta Bilingual Peer Support Specialist	
IV. Connecting Families Resource Fair- CVUSD <ul style="list-style-type: none"> Wednesday, Nov. 17, 2021, 8:00 a.m. Johnson Elementary School McKinney-Vento Families 	10 min.	Carol	
IV. Reports and Updates <ul style="list-style-type: none"> Parks & Rec Updates Newcomer Updates 	15 min.	Adam Lenda	
V. Roundtable Accomplishments, Announcements	10 min.	Information Sharing	
<p>NEXT CH Working Group Meeting: November 16, 2021 8:30 am- Virtual Zoom https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckl3aXA0ZrRwU25ERDhWdz09</p> <p>Council Meeting November 2, 2021 12:30 pm- Virtual Zoom https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09</p> <p>Homeless Services Work Group October 20, 2021 No meeting in Nov. & Dec. 10:00 am-Virtual Zoom https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWNOh4bDdPTWVmVkw3aUFDUT09</p> <p>Food Access Network November 8, 2021 1:00 pm-Virtual Zoom https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09</p>		Please join us at any of our working groups.	

“Building communities is to the collective as spiritual practice is to the individual.” – Grace Lee Boggs

Revised 2020-2024 Overall Strategic Focus
El Cajon Collaborative

Goals:

- 1. Increase access to healthy, nutritious food:**
 - A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon.
 - B. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
 - C. Objective: Schedule CalFresh application assistance at all community events and food pantries with education on changes to the program when possible.
 - D. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
 - A. Objective: Support anti-bullying campaigns and education to families.
 - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
 - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
 - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
 - B. Objective: Increase community engagement in self-sufficiency opportunities.
 - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
 - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
 - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
 - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.