



## Community Health Work Group

November 17, 2020/ 8:30-9:45 a.m.

Virtual Online Zoom Meeting due to COVID-19

### Community Health Work Group Meeting Purpose:

Collaborative partners who work together to identify and assess gaps, disparities and community needs; by building on existing resources, formulating policy recommendations and acting on data in new and coordinated ways so residents in El Cajon can thrive.

Agenda Items	Time	Presenter	Action
I. Welcome and Introductions	5 min.	Caroline	
II. Review of Meeting Purpose and Focus <ul style="list-style-type: none"> <li>Recovery El Cajon</li> </ul>	5 min.	Caroline & Carol	
III. CVUSD Wellness Council Updates and Effects on Families due to COVID-19.	30 min.	Tami Hestor-Johnson & Group Discussion	
IV. El Cajon Collaborative Updates <ul style="list-style-type: none"> <li>Homeless Services</li> <li>SANDAG Community Mobility Assessment 5 minute survey for travel in El Cajon</li> </ul> <a href="https://www.surveymonkey.com/r/El_Cajon_Collaborative_ENG">https://www.surveymonkey.com/r/El_Cajon_Collaborative_ENG</a> <a href="https://www.surveymonkey.com/r/El_Cajon_ARA">https://www.surveymonkey.com/r/El_Cajon_ARA</a>	15 min.	Carol	
V. Reports and Updates <ul style="list-style-type: none"> <li>Parks &amp; Rec Updates</li> <li>Newcomer Updates</li> </ul>	10 min.	Adam Monica	
V. Roundtable Accomplishments, Announcements	10 min.	Information Sharing	
<p><b>NEXT CH Workgroup MEETING:</b></p> <p><b>January 19, 2021 8:30 am- Virtual Zoom (Dark December)</b>  <a href="https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz09">https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz09</a></p> <p><b>Council Meeting</b></p> <p><b>December 1, 2020 am- Virtual Zoom</b>  <a href="https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09">https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09</a></p> <p><b>Homeless Services Work Group</b></p> <p><b>January 20, 2021 10:00 am-Virtual Zoom (Dark December)</b>  <a href="https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09">https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09</a></p>		Please join us.	

### Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community

2020-2024 Overall Strategic Focus  
El Cajon Collaborative

**1. Increase access to healthy, nutritious food:**

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

**2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

**3. Advance opportunities to create safe, healthy and livable neighborhoods.**

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

**4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.