



## Community Health Working Group

November 16, 2021/ 8:30-9:45 a.m.

Virtual Online Zoom Meeting--

<https://us02web.zoom.us/j/86854907553?pwd=ZHFldGxaK1R5bjhiTk1NVpIQVlyUT09>

### Community Health Work Group Meeting Purpose:

Collaborative partners who work together to identify and assess gaps, disparities, and community needs; by building on existing resources, formulating policy recommendations, and acting on data in new and coordinated ways so residents in El Cajon can thrive.

Agenda Items	Time	Presenter	Action
I. <b>Welcome and Introductions</b>	5 min.	Caroline	
II. <b>Presentation:</b> The San Diego Hospital Association facilitates a triennial collaborative Community Health Needs Assessment (CHNA) on behalf of hospitals and health systems, including Grossmont Healthcare District. We will be acting as the focus group today. Erica from Grossmont Healthcare District will be joining us as well.	45 min.	Stephanie Phann Project Manager, Health Equity and Community Engagement Hospital Association of San Diego and Imperial Counties  Lindsey Wade Senior Vice President Hospital Association of San Diego and Imperial Counties	
III. <b>Connecting Families Resource Fair- CVUSD</b> • <b>Wednesday, Nov. 17, 2021, 8:00 a.m.</b>	5 min.	Carol	
IV. <b>Reports and Updates</b> • <b>Parks &amp; Rec Updates</b> • <b>Newcomer Updates</b>	15 min.	Adam Lenda	
V. <b>Roundtable</b> Accomplishments, Announcements	5 min.	Information Sharing	
<b>NEXT CH Working Group Meeting: Dark in December Council Meeting</b> <b>December 7, 2021 12:30 pm- Virtual Zoom</b> <a href="https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMDhjUT09">https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMDhjUT09</a> <b>Homeless Services Work Group</b> <b>No meeting in Nov. &amp; Dec. 10:00 am-Virtual Zoom</b> <a href="https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09">https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09</a> <b>Food Access Network</b> <b>December 13, 2021 1:00 pm-Virtual Zoom</b> <a href="https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09">https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09</a>		Please join us at any of our working groups.	

*"I am happy because I'm grateful. I choose to be grateful. That gratitude allows me to be happy." Will Arnett*

Revised 2020-2024 Overall Strategic Focus  
El Cajon Collaborative

**Goals:**

- 1. Increase access to healthy, nutritious food:**
  - A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon.
  - B. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
  - C. Objective: Schedule CalFresh application assistance at all community events and food pantries with education on changes to the program when possible.
  - D. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
  
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
  - A. Objective: Support anti-bullying campaigns and education to families.
  - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
  - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
  
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
  - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
  - B. Objective: Increase community engagement in self-sufficiency opportunities.
  - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
  - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
  
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
  - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
  - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.