



## Community Health Work Group

May 18, 2021/ 8:30-9:45 a.m.

Virtual Online Zoom Meeting due to COVID-19

### Community Health Work Group Meeting Purpose:

Collaborative partners who work together to identify and assess gaps, disparities and community needs; by building on existing resources, formulating policy recommendations and acting on data in new and coordinated ways so residents in El Cajon can thrive.

Agenda Items	Time	Presenter	Action
I. <b>Welcome and Introductions</b>	5 min.	Caroline	
II. <b>SANDAG Updates</b> Draft 2021 Regional Plan is here!	10 min.	Carol	
III. <b>CVUSD Wellness Council Updates</b> <ul style="list-style-type: none"> <li>• Summer School</li> <li>• Summer Meal Program</li> </ul>	30 min.	Tami Hester-Johnson	
IV. <b>COVID-19 Recovery Updates</b> <ul style="list-style-type: none"> <li>• Unemployment and Economic Studies</li> <li>• Action Plan</li> </ul>	10 min.	Carol	
V. <b>Reports and Updates</b> <ul style="list-style-type: none"> <li>• Parks &amp; Rec Updates</li> <li>• Newcomer Updates</li> </ul>	10 min.	Adam Abdi/Lenda	
V. <b>Roundtable</b> Accomplishments, Announcements	10 min.	Information Sharing	
<p><b>NEXT CH Workgroup MEETING:</b>  <b>July 20, 2021 8:30 am- Virtual Zoom</b>  <a href="https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckl3aXA0ZzRwU25ERDhWdz09">https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckl3aXA0ZzRwU25ERDhWdz09</a></p> <p><b>Council Meeting</b>  <b>July 6, 2021 am- Virtual Zoom</b>  <a href="https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09">https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09</a></p> <p><b>Homeless Services Work Group</b>  <b>June 16, 2021 10:00 am-Virtual Zoom (Dark July)</b>  <a href="https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09">https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09</a></p> <p><b>Food Access Network</b>  <b>June 23, 2021 2:30 pm-Virtual Zoom</b>  <a href="https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09">https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09</a></p>		Please join us.	

**“A small group of thoughtful people could change the world. Indeed, it’s the only thing that ever has.” – Margaret Mead**

## 2020-2024 Overall Strategic Focus

### El Cajon Collaborative

#### **1. Increase access to healthy, nutritious food:**

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

#### **2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

#### **3. Advance opportunities to create safe, healthy, and livable neighborhoods.**

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

#### **4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

#### **Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community