



Community Health Work Group

July 20, 2021/ 8:30-9:45 a.m.

Virtual Online Zoom Meeting due to COVID-19

Community Health Work Group Meeting Purpose:

Collaborative partners who work together to identify and assess gaps, disparities and community needs; by building on existing resources, formulating policy recommendations and acting on data in new and coordinated ways so residents in El Cajon can thrive.

Agenda Items	Time	Presenter	Action
I. Welcome and Introductions	5 min.	Caroline	
II. SANDAG Draft 2021 Regional Plan Participate in a discussion of transportation needs for our low-income, seniors and homeless community members.	30 min.	Carol	
III. COVID-19 Recovery “Where do we go from here?” • Action Plan	20 min.	Caroline	
V. Reports and Updates • Parks & Rec Updates • Newcomer Updates	10 min.	Adam Abdi/Lenda	
V. Roundtable Accomplishments, Announcements	10 min.	Information Sharing	
<p>NEXT CH Workgroup MEETING: August 17, 2021 8:30 am- Virtual Zoom https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZrWU25ERDhWdz09</p> <p>Council Meeting August 3, 2021 12:30 pm- Virtual Zoom https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09</p> <p>Homeless Services Work Group August 18, 2021 10:00 am-Virtual Zoom (Dark July) https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09</p> <p>Food Access Network August 25, 2021 2:30 pm-Virtual Zoom https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09</p>		Please join us.	

“A small group of thoughtful people could change the world. Indeed, it’s the only thing that ever has.” – Margaret Mead

2020-2024 Overall Strategic Focus

El Cajon Collaborative

1. Increase access to healthy, nutritious food:

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community