



El Cajon “Neighborhood” Collaborative Meeting
September 5, 2023 / 12:30 – 2:00pm
Cajon Valley Union School District- 750 E. Main St., EC Boardroom
In Person Only

Meeting Agenda

Meet Your Neighbor 2023-2024

- I. **Welcoming Remarks:** *(10 minutes)* Carol Lewis, El Cajon Collaborative
- II. **Presentation:** *(10 minutes)*
Topic: Welcome Back by Cajon Valley Union School District
Neighbors: Superintendent Miyashiro and Cabinet Members
Karen Minshew, Asst. Superintendent Educational Services, Michelle Hayes,
Asst. Superintendent Personnel Services, Scott Buxbaum, Asst. Superintendent Business
Services, and Jon Guertin, Chief Technology Officer
- III. **Presentation:** *(10 minutes)*
Topic: McKinney-Vento Program- Homeless/Foster Resources CVUSD
Neighbor: Miguel Gavillan, Educational Services Program Liaison
- IV. **Presentation:** *(10 minutes)*
Topic: Counseling Services- CVUSD
Neighbor: Tami Hester Johnson, MA, PPS- Mental Health Coordinator-Military Liaison
- V. **Introduction:** *(5 minutes)*
Topic: Environmental Health & Justice Campaign- Air Quality Congress
Neighbor: Nicholas Paul
- VI. **Meet Your Neighbor Activity:** *(30 minutes)*
Networking Time- Get to know one another through this fun activity.
- VII. **Neighborhood Networking:** *(15 minutes)*
Bring your flyers, share your information, and exchange business cards with one another to ensure your clients are receiving all the valuable resources available to them. We love hearing what you are doing and how we can collaborate.

Vision:

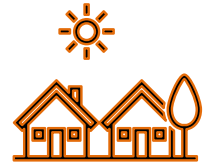
Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

El Cajon Collaborative—Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.

*Definition of a good neighbor: Someone to be trusted;
a courteous, friendly source of help when help is needed;
someone you can count on; someone who cares.*

--Edward B. Rust, Jr.



Next Meeting: October 3, 2023, 12:30 p.m.– Cajon Valley- 750 E. Main St., EC in the boardroom

Next Homeless Services Work Group: Wednesday, Sept. 20, 2023, at 10:00 a.m. Little House, 131 Avocado Ave., EC- In person only

Next Community Health Work Group: Tuesday, Sept.19, 2023, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmMOckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Meetings are currently on hold.

2022-2024 Overall Strategic Focus **El Cajon Collaborative**

Goals:

1. Equitable Community Access to Nutritious Food:

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness/Resource Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources including homeless services.

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