



**El Cajon Collaborative Council Meeting**  
**October 3, 2023 / 12:30 – 2:00pm**  
**Cajon Valley Union School District- 750 E. Main St., EC Boardroom**  
**In Person Only**

Meeting Agenda

**San Diego's Regional Plan and a New Crisis Stabilization Unit and Recovery Bridge Center**

- I. **Welcoming Remarks:** *(10 minutes)* Carol Lewis, El Cajon Collaborative
- II. **Presentation:** *(10 minutes)*  
**Topic:** Crisis at the Border  
**Speaker:** Greg Anglea, Cohn Family CEO-Interfaith Community Services
- III. **Presentation:** *(15 minutes)*  
**Topic:** Syphilis and Congenital Syphilis- First 5  
**Presenter:** Megan Caldwell, MPH, As. Project Director  
American Academy of Pediatrics
- IV. **Presentation:** *(20 minutes)*  
**Topic:** Services of La Maestra Community Health Centers  
**Presenters:** Rita Kiryakos, RDA, Director of Dental Operations and Jacinto Perez,  
Community Engagement
- V. **Presentation:** *(20 minutes)*  
**Topic:** Affordable Connectivity Program (ACP)  
**Presenter:** Valeria Leyva, Outreach Rental Assistance Division  
San Diego Housing Commission
- VI. **Networking:** Share information about your upcoming events, new programs, and introduce yourself to our neighborhood of community partners. Thank you for attending today and sharing with us.

**“Immigration is by definition a gesture of faith in social mobility. It is the expression in action of a positive belief in the possibility of a better life. It has thus contributed greatly to developing the spirit of personal betterment in American society and to strengthening the national confidence in change and the future.”** – John F. Kennedy

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**Vision:**

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

**Mission:**

El Cajon Collaborative—Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.

**Next Meeting:** November 7th 12:30 p.m.– CVUSD FACE Program and New Arrivals Reports

**Next Homeless Services Work Group:** Wednesday, October 18, 2023 at 10:00 a.m. Little House, 131 Avocado Ave., EC- In person only

**Next Community Health Work Group:** Next meeting October 17, 2023, 8:30 a.m.- Zoom:  
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

**Next Food Access Network Meeting:** Monday, October 9 1:00 p.m.- Zoom:  
<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

## **2022-2024 Overall Strategic Focus** **El Cajon Collaborative**

### **Goals:**

- 1. Equitable Community Access to Nutritious Food:**
  - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
  - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
  - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
  - A. Objective: Support anti-bullying campaigns and education to families.
  - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
  - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
  - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
  - B. Objective: Increase community engagement in self-sufficiency opportunities.
  - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
  - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
  - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
  - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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