



**El Cajon Collaborative Council Meeting
October 4, 2022 / 12:30 – 2:00pm**

**Cajon Valley Union School District- 750 E. Main St., EC Boardroom
or on Zoom**

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMdhjUT09>

**Meeting Agenda
How You Can Collaborate**

- I. **Welcoming Remarks & Introductions: (10 minutes)** Carol Lewis, El Cajon Collaborative Coordinator

- II. **Presentation: (30 minutes)**
Learn more about your participation with the new Office of Immigrant & Refugee Affairs
Lucero Chavez Basilio, Director *She/Her/Hers*
Office of Immigrant and Refugee Affairs
Department of Homeless Solutions & Equitable Communities
County of San Diego, Health & Human Services Agency

- III. **Presentation: (15 minutes)**
I-8 Kumeyaay Corridor Comprehensive Multimodal Corridor Plan (CMCP) Engagement
Melina Pereira, Caltrans District 11 System Planning Branch Chief
April DeJesus, SANDAG Senior Transportation Planner
Hear an overview of the CMCP and how the community can provide feedback.

- IV. **Presentation: (15 minutes)**
Help plan what a new Child Welfare Services Department would look like with the Family First model.
Sarah Garlejo, Community Health Promotion Specialist *She/Her/Hers*
Office of Equitable Communities—Community Health & Engagement Team
Department of Homeless Solutions & Equitable Communities
County of San Diego, Health & Human Services Agency

- V. **Networking: (20 minutes)**
A chance for each of you to introduce your programs, share upcoming events and/or new programs. It has been such a pleasure to see many of you in person again. Please consider joining us at our meeting next month in person to create more networking opportunities.

"If everyone is moving forward together, then success takes care of itself." – Henry Ford

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community.

Next Meeting: November 1, 2022, 12:30 p.m. Same link as above. – Cajon Valley Union School District Boardroom, 750 E. Main St., EC or attend the meeting via Zoom at the same link as above.

Next Homeless Services Work Group: Next meeting-October 16, 2022, 10:00 a.m.

Little House Family Resources, 131 Avocado Ave, EC behind Ali Baba's or on Zoom:

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVVNW0h4bDdPTWVmVkw3aUFDUT09>

Next Community Health Work Group: Next meeting October 15, 2022, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckl3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Monday, October 14, 2022, 1:00 p.m.- Zoom:

<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

2022-2024 Overall Strategic Focus

El Cajon Collaborative

Goals:

1. Equitable Community Access to Nutritious Food:

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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