



El Cajon Collaborative Council Meeting
November 7, 2023 / 12:30 – 2:00pm
Cajon Valley Union School District- 750 E. Main St., EC Boardroom
In Person Only

Meeting Agenda
Meet the FACE Program

- I. **Welcoming Remarks:** (10 minutes) Carol Lewis, El Cajon Collaborative
- II. **Presentation:** (40 minutes)
Topic: Cajon Valley Union School District- FACE Program
Presenters: Michael Serban, Director of Family and Community Engagement and Sandra H. Candler, FACE Program Supervisor
- III. **Presentation:** (15 minutes)
Topic: California Mortgage Relief Program, a CA State Government and Sierra Health Foundation Grant
Presenter: Maritza Davila-Nash, Economic Development Manager, Logan Heights CDC Economic Development Manager
- IV. **Activity:** (10 minutes)
Thankfulness and Gratitude
- V. **Networking:** (15 minutes)
Bring your flyers, share your information, and exchange business cards with one another to ensure your clients are receiving all the valuable resources available to them. We love hearing what you are doing and how we can collaborate.

"As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them."

-John F. Kennedy

Next Meeting: December 5, 2023, 12:30 p.m.– CVUSD Boardroom- Catholic Charities No meeting in January.

Next Homeless Services Work Group: Wednesday, November 15, 2023 at 7:30am- Connecting Families Resource Fair at Johnson Elementary School- Hope to see you there- Tabling available.

Next Community Health Work Group: Next meeting November 21, 2023, 8:30 a.m.- Zoom:
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Food Access Network Meeting Returning: Monday, January 8, 2024, 1:00 p.m.- Zoom:
<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

El Cajon Collaborative—Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.

2022-2024 Overall Strategic Focus
El Cajon Collaborative

Goals:

1. Equitable Community Access to Nutritious Food:

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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