



**El Cajon Collaborative Council Meeting
November 1, 2022 / 12:30 – 2:00pm
Cajon Valley Union School District- 750 E. Main St., EC Boardroom
or on Zoom**

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMdhjUT09>

**Meeting Agenda
Meeting Goals in our Community**

- I. **Welcoming Remarks & Introductions:** (10 minutes) Carol Lewis, El Cajon Collaborative Coordinator
- II. **Presentation:** (30 minutes) (Goal 3A)
Regional Early Action Planning (REAP 2.0)
Allison Wood (she/her/hers) Senior Regional Planner
SANDAG
REAP 2.0 builds on the success of REAP 2019, but expands the program focus by integrating housing and climate goals, and allowing for broader planning and implementation investments (including infrastructural investments that support infill development which facilitates housing supply, choice, and affordability).
- III. **Presentation:** (25 minutes) (Goal 2C)
CASA for Safe & Healthy Neighborhoods
Jean Duffy, (she/her/hers) Public Advocate
Strengthening El Cajon's Tobacco Retailer License ordinance, specifically prohibiting the sale of flavored tobacco products, and setting minimum price and product sizes, so I'd like to present about youth access to tobacco, the youth vaping epidemic, and how the tobacco industry uses flavors to addict kids.
- IV. **El Cajon Collaborative:** (10 minutes) (Goals 3B, C, D, 1A, B, C, 4B)
New Projects for ECC- Carol Lewis, (she/her/hers) Coordinator
Learn about some new programs El Cajon Collaborative will be participating in over the next several months and how you can get involved.
- V. **Networking:** (15 minutes)
A chance for each of you to introduce your programs, share upcoming events and/or new programs. It has been such a pleasure to see many of you in person again. Please consider joining us at our meeting next month in person to create more networking opportunities.

"Talent wins games, but teamwork and intelligence win championships." – Michael Jordan

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community.

Next Meeting: December 6, 2022, 12:30 p.m. Same link as above. – Cajon Valley Union School District Boardroom, 750 E. Main St., EC or attend the meeting via Zoom at the same link as above.

Next Homeless Services Work Group: No Meeting. We will be hosting the Connecting Families Resource Fair at Johnson Elementary School in El Cajon from 8:00-10:00 a.m. Please join us!

Next Community Health Work Group: Next meeting November 15, 2022, 8:30 a.m.- Zoom:
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Monday, November 14, 2022, 1:00 p.m.- Zoom:
<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

2022-2024 Overall Strategic Focus **El Cajon Collaborative**

Goals:

- 1. Equitable Community Access to Nutritious Food:**
 - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
 - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
 - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
 - A. Objective: Support anti-bullying campaigns and education to families.
 - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
 - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
 - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
 - B. Objective: Increase community engagement in self-sufficiency opportunities.
 - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
 - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
 - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
 - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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