



**El Cajon Collaborative Council Meeting  
November 3, 2020 / 12:30 – 2:00pm  
Zoom Virtual Meeting**

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMDhjUT09>

Meeting Agenda

**Addressing Hunger During COVID-19**

**I. Welcoming Remarks & Introduction: (10 minutes)** Carol Lewis, El Cajon Collaborative Coordinator

**II. Presentation: (45 minutes)**

**Organization: San Diego Food Bank**

**Program: Food Distribution During COVID-19**

**Presenter: James Floros, Executive Director**

Learn how the Department of Social Services rose to meet the challenges of COVID-19 when families and individuals were faced with health crises, unemployment and the loss of health insurance during the pandemic.

**III. Information Sharing: (20 minutes)**

**Organization: San Diego Hunger Coalition**

**Program: Navigator Program**

**Presenter: Nancy Saavedra, Community Engagement Manager**

**IV. Announcements and Sharing: (25 minutes)**

**SANDAG Community Mobility Needs Assessment- Carol Lewis**

**Networking:** Opportunity to share challenges that you have faced working with Clients during COVID-19 and to hear creative ways that others have been able to Maintain safety while staying connected. This is also a time that you can share program information and upcoming events.

**Next Meeting:** Tuesday, December 1, 12:30 p.m. Zoom Meeting  
Same link as above.

**Next Homeless Services Work Group:** Wednesday, November 18 at 10:00 a.m.- Zoom Meeting  
<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09>

**Next Community Health Work Group:** Tuesday, November 17 at 8:30 a.m.- Zoom Meeting  
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz09>

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**Vision:**

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

# 2020-2024 Overall Strategic Focus

## El Cajon Collaborative

### **Goals:**

#### **1. Increase access to healthy, nutritious food:**

A. Objective: Create a goal-focused subcommittee;

#### **2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**

A. Objective: Promote ACES education to the public and school districts;

B. Objective: Support anti-bullying campaigns and education to families;

C. Objective: Create community partnerships for IEP trainings and advocacy;

D. Objective: Promote drug-free, smoke-free environments;

#### **3. Advance opportunities to create safe, healthy and livable neighborhoods.**

A. Objective: Ensure safe, fair and affordable housing across the continuum of need;

B. Objective: Increase community engagement in self-sufficiency opportunities;

Action 1: Intergenerational activities that promote healthy living and self-sufficiency;

C. Objective: Increase opportunities for meaningful leadership and civic engagement;

D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

#### **4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**

A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;

B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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