



El Cajon Collaborative Council Meeting
June 4, 2024 / 12:30 – 2:00pm
Cajon Valley Union School District Boardroom - 750 E. Main St., EC
In Person Only

Meeting Agenda

- I. **Welcoming Remarks:** *(10 minutes)* Carol Lewis, El Cajon Collaborative
- II. **Presentation:** *(20 minutes)*
Topic: TEDx Kids El Cajon
Presenter: Cajon Valley Union School District Students
- III. **Presentation:** *(20 minutes)*
Topic: USD Legal Clinic
Presenters: Eric Austin, the USD Legal Clinics' Administrative Director/Staff Attorney for the Federal Tax Clinic
- IV. **Presentation:** *(15 minutes)*
Topic: Alzheimer's Association, San Diego-Imperial Chapter
Presenter: Agnes Zsigovics, MSW, Community Engagement Manager
- V. **Presentation:** *(10 minutes)*
Topic: Photo Highlights from ECC's MHA Grant
Presenter: Carol Lewis
- VI. **Networking:** *(15 minutes)*
Bring your flyers, share your information, and exchange business cards with one another to ensure your clients are receiving all the valuable resources available to them. We love hearing what you are doing and how we can collaborate.

Next Meeting: No Meeting in July- August 6th- Annual Picnic- Watch for more info to come!

September 3, 2024, 12:30 p.m.– CVUSD Boardroom- 750 E. Main St., EC

Next Homeless Services Work Group: Wednesday, June 19, 2024, at 10:00 a.m. This meeting will be virtual on Zoom only for this month-

<https://us02web.zoom.us/j/86339889994?pwd=VEY3UTNmWkdXVTBtbDZQdjdoeDk1dz09>

Next Community Health Work Group: Next meeting Tuesday, June 18, 2024, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

El Cajon Collaborative—Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.

“Unless someone like you cares a whole awful lot, nothing is going to get better.
It’s not.”

— *The Lorax* by Dr. Seuss, or Theodor Seuss “Ted” Geisel

2022-2024 Overall Strategic Focus
El Cajon Collaborative

Goals:

1. Equitable Community Access to Nutritious Food:

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

We are still collecting children’s books. If you are at the library, check out the used book shop for great deals on kids’ books. Or, if you are doing a little spring cleaning, remember us for your used books.

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