



**El Cajon Collaborative Council Meeting**  
**June 7, 2022 / 12:30 – 2:00pm**  
**Zoom Virtual Meeting**

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMdhjUT09>

Meeting Agenda

The Team at Grossmont Healthcare District

- I. **Welcoming Remarks & Introductions:** (15 minutes) Carol Lewis, El Cajon Collaborative Coordinator
- II. **Presentation:** (45 minutes)  
**Grossmont Healthcare District**  
**Meet the Team and Learn about upcoming opportunities**  
**Christian Wallis, DHA, MBA, FACHE- Chief Executive Officer**  
**Ari Rojas, Community Outreach**  
**Amy Abrams, Chief Community Health Officer**  
**Holly Kissenger, Head Librarian Herrick Library**
- III. **El Cajon Collaborative Updates:** (15 minutes)
- V. **Networking:** (15 minutes)  
A chance for each of you to introduce your programs and share upcoming events. We will be dark in July for the holiday, but our August meeting will be in person, outdoors, at Bill Beck Park as a planning meeting. Food will be provided. We hope to be back to hybrid meetings in September 2022 at Cajon Valley Union School District in the Boardroom. More news to follow but I can't wait to see you in person!

**Next Meeting:** July Dark, August 2, 2022, 12:00 p.m. Picnic at Bill Beck Park, 541 N. Pierce St., El Cajon

**Next Homeless Services Work Group:** Next meeting-June 15, 2022, 10:00 a.m. Zoom:

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09>

**Next Community Health Work Group:** Next meeting June 21, 2022, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

**Next Food Access Network Meeting:** Monday, June 13, 2022, 1:00 p.m.- Zoom:

<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

*"It's always positive to hear how many people are willing to step up—  
whether it is the employment community, the mental health community,  
or medical community." --Michelle Obama*

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**Vision:**

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community.

## 2022-2024 Overall Strategic Focus

### El Cajon Collaborative

#### Goals:

- 1. Equitable Community Access to Nutritious Food:**
  - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
  - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
  - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
  
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
  - A. Objective: Support anti-bullying campaigns and education to families.
  - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
  - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
  
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
  - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
  - B. Objective: Increase community engagement in self-sufficiency opportunities.
  - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
  - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
  
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
  - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
  - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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