



El Cajon Collaborative Council Meeting
June 2, 2020 / 12:30 – 2:00pm
Virtual Meeting via Zoom

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

Meeting Agenda
Grossmont College

- I. **Welcoming Remarks & Introductions: (5 minutes)**
Carol Lewis, El Cajon Collaborative Coordinator
- II. **Grossmont College: (50 minutes)**
Speakers: Dr. Nabil Abu-Ghazaleh, President of Grossmont College
Dr. Javier Ayala, Dean of Career & Technical Education/Workforce Development
- III. **Collaborative Updates: (20 minutes)**
Age Well Transportation Guide-COVID-19 edition
SANDAG updates
Healthy Market updates
- IV. **Announcements: (10 minutes)**
Community Partner Announcements and Sharing
- V. **Adjournment**

Next Meeting: Tuesday, July 7th at 12:30 p.m. Virtual Meeting

Next Homeless Services Work Group: Wednesday, June 17th at 10:00 a.m.- Virtual Meeting

Next Community Health Work Group: Meeting Pending

Zoom Link for the meeting is:

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09>

If you are going through a rough time, finding something to give you a little lift can help you remember that life is not always bad. These seemingly endless stretches of fear, disappointment, pain, and heartache are moments of time that will soon pass. Please stay healthy and safe.

Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus El Cajon Collaborative

1. Increase access to healthy, nutritious food:

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy and livable neighborhoods.

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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