



El Cajon Collaborative Council Meeting
July 6, 2021 / 12:30 – 2:00pm
Zoom Virtual Meeting

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09>

Meeting Agenda

The Future of Transportation—2021 Draft Regional Plan

I. Welcoming Remarks & Introduction: (10 minutes) Carol Lewis, El Cajon Collaborative Coordinator

II. Presentation: (60 minutes)

SANDAG's Draft 2021 Regional Plan

- Hear about the projects coming up for East County through 2050
- How will technology play a part in the transportation future of San Diego?
- Public Transportation Options
- A surprise for El Cajon!
- Fill out a Comment Card and be entered to win a \$40 Amazon card.

Speaker:

- Carol Lewis, El Cajon Collaborative (Yes, just me!)

Ask about a focus group on this subject for your organization!

III. Announcements and Networking: (20 minutes)

Networking: This is also a time that you can share program information and upcoming events.

‘You can never plan the Future by the Past.’ Edmund Burke

Next Meeting: Tuesday, August 3, 2021, 12:30 p.m. Zoom Meeting--Same link as above.

Next Homeless Services Work Group: Wednesday, August 18 at 10:00 a.m.- Zoom Meeting (Meeting will be dark in July) August is our annual planning and networking meeting.

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVVWNo4bDdPTWVmVkw3aUFDUT09>

Next Community Health Work Group: Tuesday, August 17 at 8:30 a.m.- Zoom Meeting (Meeting will be dark in July)

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Wednesday, August 25 at 2:30 p.m.- Zoom Meeting (Meeting will be dark in July)

<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus
El Cajon Collaborative

Goals:

1. Increase access to healthy, nutritious food:

- A. Objective: Create a goal-focused subcommittee;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Promote ACES education to the public and school districts;
B. Objective: Support anti-bullying campaigns and education to families;
C. Objective: Create community partnerships for IEP trainings and advocacy;
D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy and livable neighborhoods.

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
B. Objective: Increase community engagement in self-sufficiency opportunities;
Action 1: Intergenerational activities that promote healthy living and self-sufficiency;
C. Objective: Increase opportunities for meaningful leadership and civic engagement;
D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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