



## El Cajon Collaborative Council Meeting

January 6, 2015 / 12:30 – 2:00pm

Cajon Valley Union School District

750 E. Main St

El Cajon, CA 92020

### AGENDA

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

- I. Welcoming Remarks & Introductions: *(5 minutes)*
  
- II. Collaborative Updates: Carol Lewis, Coordinator *(10 minutes)*
  - SANDAG
  - Cx3 Expansion—School Gardens
  - Resource Website
  - Core Team Update
  
- III. Presentation: *(30 minutes)*
  - Topic: Helping Families Cope with Stress
  - Program:** Childhood & Adolescent Anxiety & Mood Program (ChAAMP)
  - Presenter:** Dr. V. Robin Weersing, Director of ChAAMP, SDSU Associate Professor
  
- IV. Presentation: *(15 minutes)*
  - Topic: Referring and Accessing Services for Families
  - Program:** Crossroads Family Center
  - Presenter:** Elizabeth Garcia, LMFT, Crossroads Program Director
  
- V. Networking Roundtable *(20 minutes)*
  - Sharing events, programs and updates
  
- VI. Adjournment/ Informal Networking
  - Next Meeting: Tuesday, February 3, 2015**
  - 12:30-2:00pm**
  - Cajon Valley Union School District (Board Room)**
  - 750 E. Main St**
  - El Cajon, CA 92020**

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**Vision:**

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

**El Cajon Collaborative Strategic Work Priorities**  
**Overall Strategic Focus: Public Safety and Youth**

**Goals:**

**1. Increase pro-social activities for youth**

- Objective A: Engage community into recreation facilities and activities
- Objective B: Seek opportunities for mentoring our youth

**2. Increase community involvement in Collaborative partnerships**

- Objective A: Mobilize residents to proactively participate in public safety activities

**3. Enhance prevention activities for youth using the public health model of universal, secondary and targeted interventions.**

- Objective A: Improve community wellness
- Objective B: Increase community partnerships to prevent bullying and provide character education.

**\*\*\*Measurable outcomes will be determined for each objective through Core Team.**

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