



**El Cajon Collaborative Council Meeting**  
**February 6, 2024 / 12:30 – 2:00pm**  
**Cajon Valley Union School District Boardroom - 750 E. Main St., EC**  
**In Person Only**

Meeting Agenda  
**A Brand-New Year Full of Possibilities**

- I. **Welcoming Remarks:** *(10 minutes)* Carol Lewis, El Cajon Collaborative
- II. **Presentation:** *(20 minutes)*  
**Topic:** Barrio Logan College Institute  
**Presenters:** Breatriz Velez, El Cajon Manager
- III. **Presentation:** *(30 minutes)*  
**Topic:** SD Workforce Partnership  
**Presenter:** Deona “Dee” Dorsey, Program Manger
- IV. **What’s Your Dream:** *(20 minutes)*  
In honor of Martin Luther King, Jr., we are going to spend a few minutes talking about a dream you may have for our community. We are starting fresh with new possibilities and we need new ideas (or recycled) to move our community forward and address some of the issues we have had. These can be big or small, but let’s come together and see if we can create change this year.
- V. **Networking:** *(10 minutes)*  
Bring your flyers, share your information, and exchange business cards with one another to ensure your clients are receiving all the valuable resources available to them. We love hearing what you are doing and how we can collaborate.

“I have a dream that one day this nation will rise up and live out the true meaning of its creed: ‘We hold these truths to be self-evident, that all men are created equal.’” — Martin Luther King Jr.

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**Vision:**

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

**Mission:**

El Cajon Collaborative—Working together to strengthen relationships and expand services, resources, and opportunities that enhance the quality of life and well-being in our community.

**Next Meeting:** March 5, 2024, 12:30 p.m.– CVUSD Boardroom- 750 E. Main St., EC

**Next Homeless Services Work Group:** Wednesday, February 21, 2024, at 10:00 a.m. Little House, 131 Avocado Ave., EC- In person only

**Next Community Health Work Group:** Next meeting February 20, 2024, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

**Next Food Access Network Meeting:** Not available

## **2022-2024 Overall Strategic Focus** **El Cajon Collaborative**

### **Goals:**

- 1. Equitable Community Access to Nutritious Food:**
  - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
  - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
  - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
  - A. Objective: Support anti-bullying campaigns and education to families.
  - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
  - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
  - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
  - B. Objective: Increase community engagement in self-sufficiency opportunities.
  - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
  - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
  - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
  - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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