



El Cajon Collaborative Council Meeting
February 4, 2020 / 12:30 – 2:00pm
Cajon Valley Union School District
750 E. Main St., El Cajon, CA 92020

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

Meeting Agenda
Preparing Individuals for a Successful Future

- I. **Welcoming Remarks, Introductions & Announcements:** *(10 minutes)*
- II. **SANDAG Survey:** *(20 minutes)*
Updates on the 5 BIG Moves 2021 Regional Plan--Carol
- III. **Program Highlight:** *(20 minutes)*
Topic: Gaining Financial Freedom
Program: Leap to Success
Presenter: Kelley L Grimes, M.S.W. | Director of Community Engagement
- IV. **Program Highlight:** *(20 minutes)*
Topic: Developing on the Job Training
Program: Pacific Consulting Group (PCG) Work Experience Program
Presenter: Carol Crisp, Community Outreach
- V. **Program Highlight:** *(20 minutes)*
Topic: Youth Services
Program: Access, Inc.
Presenter: Tia Relles, Case Manager East

Next Meeting: Tuesday, March 3rd 12:30 p.m. CVUSD Board Room

Next Homeless Services Work Group: Tuesday, March 3rd 9:00 a.m. CVUSD Board Room

Next Community Health Work Group: Tuesday, February 18th 8:30 a.m. Little House

World of Wellness Resource Fair- Lexington Elementary School

Thursday, March 26th at 2:00 to 4:30 p.m.

Sign up to host a resource table.

For more information call Carol at (619) 447-4380 or

carol.lewis@elcajoncollaborative.org



Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus El Cajon Collaborative

1. Increase access to healthy, nutritious food:

- A. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
- B. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
- C. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Promote ACES education to the public and school districts;
- B. Objective: Support anti-bullying campaigns and education to families;
- C. Objective: Create community partnerships for IEP trainings and advocacy;
- D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy and livable neighborhoods.

- A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
- B. Objective: Increase community engagement in self-sufficiency opportunities;
- C. Objective: Increase opportunities for meaningful leadership and civic engagement;
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

“You get in life what you have the courage to ask for.” – Oprah Winfrey

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