



El Cajon Collaborative Council Meeting
December 6, 2022 / 12:30 – 2:00pm
Cajon Valley Union School District- 750 E. Main St., EC Boardroom
or on Zoom

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMdhjUT09>

Meeting Agenda
Surviving the Holidays and Holiday Cookie Party

- I. **Welcoming Remarks & Introductions:** *(10 minutes)* Carol Lewis, El Cajon Collaborative Coordinator

- II. **Presentation:** *(25 minutes)*
Protecting Your Identity
Monique Myers, (she/her/hers) Community Partnership Prosecutor, Senior Regional Planner
San Diego County District Attorney's Office
The Community Partnership Prosecutor works alongside law enforcement partners, local governments, community leaders, residents, and non-profit organizations to address quality of life issues that often have a nexus to crime. Learn how to recognize and report ID theft and protect your clients and you during this holiday season.
<https://www.youtube.com/watch?v=JILYf9iMSH0> DA Summer Stephan on safe holiday shopping.

- III. **Presentation:** *(25 minutes)*
Pathway to Success
Karen Shelton, Lead Client Mentor
Public Consulting Group
Assisting clients improve workforce pathway offerings and work-based learning experience while providing case management on their journey to self-sufficiency. Must be on the CalWORKS program to participate in the program. Learn more about strategic solutions for greater collaboration and alignment between K-12, higher education, the workforce system, and community partners.

- IV. **El Cajon Collaborative:** *(10 minutes)*
New Projects for ECC- Carol Lewis, (she/her/hers) Coordinator
Learn about some new programs El Cajon Collaborative will be participating in over the next several months and how you can get involved.

- V. **Networking:** *(20 minutes)*
Come celebrate the holidays with our cookie party. Bring 3 copies of a cookie recipe to share and meet new friends. It has been such a pleasure to see many of you in person again. Please consider joining us in person to create more networking opportunities to share your program.

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community.

“Gratitude can transform common days into thanksgiving, turn routine jobs into joy, and change ordinary opportunities into blessings.” --William Arthur Ward

Next Meeting: Dark in January. Next meeting on February 7, 2022, 12:30 p.m.– Location to be determined.

Next Homeless Services Work Group: No Meeting in December. Next meeting will be Wednesday, Jan. 18, 2023, 10:00 a.m. in person at Little House, 131 Avocado Ave., El Cajon behind Ali Baba’s.

Next Community Health Work Group: Dark in December. Next meeting January 17, 2023, 8:30 a.m.- Zoom: <https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Dark in December. Monday, January 9, 2023, 1:00 p.m.- Zoom: <https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

2022-2024 Overall Strategic Focus **El Cajon Collaborative**

Goals:

- 1. Equitable Community Access to Nutritious Food:**
 - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
 - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
 - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.
- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
 - A. Objective: Support anti-bullying campaigns and education to families.
 - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
 - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.
- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
 - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
 - B. Objective: Increase community engagement in self-sufficiency opportunities.
 - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
 - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.
- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
 - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
 - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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