



El Cajon Collaborative Council Meeting
December 1, 2020 / 12:30 – 2:00pm
Zoom Virtual Meeting

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09>

Meeting Agenda

A Look Back at 2020 and Ahead to 2021

- I. **Welcoming Remarks & Introduction:** (10 minutes) Carol Lewis, El Cajon Collaborative Coordinator

- II. **Presentation:** (15 minutes)
Organization: LH Avocado, Inc. (El Cajon Collaborative)
Program: Board of Directors
Presenter: Laura Tancredi-Baese, Board President & Home Start, Inc. CEO
Appreciation of El Cajon Collaborative's partner agencies and organizations and the value you add to our community.

- III. **Presentation:** (30 minutes)
Organization: Hope City
Presenter: Dani Womack, Director
"The Gift that Keeps on Giving" Sometimes we are so busy looking at what needs to be done, that we forget to stop and think about what has been accomplished. Give yourself the gift that keeps on giving by focusing on your successes and what brings you value, joy, hope and gratitude.

- IV. **Sharing:** (20 minutes)
Group Sharing- Gifts that you have received in 2020
Share an experience, client success story or an event where you were blessed in 2020. What are your hopes for 2021?

- V. **Announcements and Networking:** (15 minutes)
SANDAG Community Mobility Needs Assessment- Carol Lewis
Networking: This is also a time that you can share program information and upcoming events. The Zoom link will stay active for 15 minutes following the meeting for networking 1:1.

Next Meeting: Tuesday, February 2, 2021, 12:30 p.m. Zoom Meeting--Same link as above.

Next Homeless Services Work Group: Wednesday, January 20 at 10:00 a.m.- Zoom Meeting
<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVVWn0h4bDdPTWVmVkw3aUFDUT09>

Next Community Health Work Group: Tuesday, January 19 at 8:30 a.m.- Zoom Meeting
<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2020-2024 Overall Strategic Focus

El Cajon Collaborative

Goals:

1. Increase access to healthy, nutritious food:

A. Objective: Create a goal-focused subcommittee;

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

A. Objective: Promote ACES education to the public and school districts;

B. Objective: Support anti-bullying campaigns and education to families;

C. Objective: Create community partnerships for IEP trainings and advocacy;

D. Objective: Promote drug-free, smoke-free environments;

3. Advance opportunities to create safe, healthy and livable neighborhoods.

A. Objective: Ensure safe, fair and affordable housing across the continuum of need;

B. Objective: Increase community engagement in self-sufficiency opportunities;

Action 1: Intergenerational activities that promote healthy living and self-sufficiency;

C. Objective: Increase opportunities for meaningful leadership and civic engagement;

D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;

B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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