



**El Cajon Collaborative Council Meeting**  
**December 3, 2019 / 12:30 – 2:00pm**  
**Cajon Valley Union School District**  
**750 E. Main St., El Cajon, CA 92020**

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

**Meeting Agenda**  
**Understanding Addictive Behaviors**

- I. **Welcoming Remarks, Introductions & Announcements:** *(10 minutes)*
- II. **Presentation of Award:** Mr. Rob Tade, Little House Volunteer
- III. **Understanding Substance Use Disorder Panel Discussion:** *(30 minutes)*  
Prevention • Access to Services • Integrating Behavioral Health • Recovery  
**Panelists:**
  - Family Health Center, Monica Peddicord, Addiction Counselor
  - Family Health Center, Dena Stark, Addiction Counselor
  - HHSA Behavioral Health, Charity Voth-White, LCSW Behavioral Health Program Coordinator
  - Institute of Public Strategies, David Shorey, CNP Program Manager
- IV. **Adjournment:** Reminder that El Cajon Collaborative and the Homeless Services Work Group will be dark in January. The Community Health Work Group will be dark in December.

**UPCOMING MEETINGS**

El Cajon Collaborative: Dark in January. Next meeting Tuesday, February 4<sup>th</sup> at 12:30 p.m. CVUSD Board Room, 750 E. Main St.

Homeless Services Work Group: Dark in January. Next meeting Tuesday, February 4<sup>th</sup> at 9:00 a.m. CVUSD Board Room

Community Health Work Group: Dark in December. Next meeting Tuesday, January 1<sup>st</sup> at 8:30 a.m. Little House, 131 Avocado Ave.

End of March—**World of Wellness Resource Fair**  
Watch for more information

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**Vision:**

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

## 2016-2020 Overall Strategic Focus El Cajon Collaborative

### Goals:

1. Increase pro-social activities for children and youth:
  - A. Objective: Increase access to safe & healthy recreational opportunities
  - B. Objective: Increase opportunities for meaningful youth leadership and civic engagement.
  
2. Increase community involvement in Collaborative partnerships:
  - A. Objective: Increase community engagement in self-sufficiency opportunities.
  - B. Objective: Increase community partnerships to support cultural inclusion.
  - C. Objective: Mobilize residents to proactively participate in community enhancement activities.
  
3. Enhance prevention strategies using the public health model:
  - A. Objective: Advance opportunities to create safe, healthy and livable neighborhoods (universal)
  - B. Objective: Improve community health & wellness through resident engagement (secondary)
  - C. Objective: Increase culturally appropriate healthcare services (targeted)
  
4. Increase advocacy efforts to support policies that:
  - A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
  - B. Objective: Promote economic development to adequately ensure self-sufficiency;
  - C. Objective: Provide educational opportunities leading to career pathways;
  - D. Objective: Address community environments and norms to foster health.

**“I LOVE EVERYTHING ABOUT THE HOLIDAYS: THE DECORATIONS,  
THE PARTIES, AND SPENDING TIME WITH FRIENDS AND FAMILY.  
WHAT I LOVE MOST IS THAT FEELING OF GIVING BACK.  
EVERY BIT COUNTS.”  
– BRAD GORESKI**

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