



El Cajon Collaborative Council Meeting
August 2, 2022 / 12:30 – 2:00pm
Bill Beck City Park- 543 N. Pierce Rd., EC

Meeting Agenda
Picnic Planning Celebration

- I. **Welcoming Remarks, Lunch, & Planning:** (45 minutes) Carol Lewis, El Cajon Collaborative Coordinator
- II. **Networking & Play:** (45 minutes)
Remember to use this time to get to know one another, share cards and info, and make new friends as well as valuable contacts. It's a WIN-WIN!

We will be back to hybrid meetings in September 2022 at Cajon Valley Union School District in the Boardroom. More news to follow but I can't wait to see you in person!

Next Meeting: September 6, 2022, 12:30 p.m. Meeting at Cajon Valley Union School District- 750 E. Main St., El Cajon in the boardroom. Or, join us on Zoom at:

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjJkMjZGMdhjUT09>

Next Homeless Services Working Group: Next meeting-September 21, 2022, 10:00 a.m.

In person at Little House, 131 Avocado Ave., El Cajon or on Zoom:

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVVWn0h4bDdPTWVmVkw3aUFDUT09>

Next Community Health Working Group: Next meeting August 16, 2022, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Monday, August 8, 2022, 1:00 p.m.- Zoom:

<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

Next ECHTF Access to Services Solution Group Meeting: Wednesday, August 17, 2022, 10:00-11:00

In person at Little House, 131 Avocado Ave., El Cajon or on Zoom:

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVVWn0h4bDdPTWVmVkw3aUFDUT09>

East County Senior Service Providers: Wednesday, August 10, 2022, 2:30-4:00

In person at Salvation Army Red Shield Center- 1011 E. Main St., El Cajon

"Success is best when it is shared" -Howard Schultz

Vision:

Through our collaboration, El Cajon's children, youth, and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth, and families in our community.

2022-2024 Overall Strategic Focus El Cajon Collaborative

Goals:

- 1. Equitable Community Access to Nutritious Food:**
 - A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
 - B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
 - C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

- 2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
 - A. Objective: Support anti-bullying campaigns and education to families.
 - B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
 - C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

- 3. Advance opportunities to create safe, healthy, and livable neighborhoods.**
 - A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
 - B. Objective: Increase community engagement in self-sufficiency opportunities.
 - C. Objective: Increase opportunities for meaningful leadership and civic engagement.
 - D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

- 4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
 - A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
 - B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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