



El Cajon Collaborative Council Meeting
April 5, 2022 / 12:30 – 2:00pm
Zoom Virtual Meeting

<https://us02web.zoom.us/j/71342147983?pwd=aU9wd1VYckhTMDc0WjkMjZGMdhjUT09>

Meeting Agenda
Speed Networking

“Networking is not collecting contacts. Networking is about planting relationships.” - Unknown

- I. **Welcoming Remarks & Introductions: (5 minutes)** Carol Lewis, El Cajon Collaborative Coordinator
- II. **Presentation: (10 minutes)**
Voices for Children, a CASA Program
Presenter: Paul Ammons, CASA Outreach Coordinator
- III. **Presentation: (10 minutes)**
County of San Diego Vector Control Program
Presenter: Anna Kremen, Environmental Health Specialist Trainee
- IV. **Presentation: (10 minutes)**
ACCESS, Inc.
Presenter: Anel M. Angulo, BHS, Career Navigator Supervisor, Metro & East
- V. **Presentation: (10 minutes)**
HHSA, Child Welfare Services
Program: Recruitment for Foster/Adoptive Homes
Presenter: Catalina McKasson, Recruitment Specialist
- VI. **Presentation: (10 minutes)**
Alliance for African Assistance
Program: Community Co-Sponsorships
Presenter: Anchalee Gaffney, Community Co-Sponsorship Coordinator
- VII. **Presentation: (10 minutes)**
San Diego PACE
Program: San Ysidro Health
Presenter: Steve Castrejon, PACE Marketing Coordinator
- VIII. **Presentation: (10 minutes)**
County of San Diego, Health and Human Services Agency
Office of Border Health, Public Health Services
Victor Ruiz, Health Promotion Specialist
- IX. **Networking: (15 minutes)**
A chance for each of you to introduce your programs, share upcoming events and/or new programs. May and June will be virtual meetings. We will be dark in July for the holiday but our August meeting will be in person, outdoors, as a planning meeting. We hope to be back to hybrid meetings in September 2022. Watch for more news! Thank you for joining us today and each month. Your support has meant so much these past two years. What a learning experience for us all!

Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

Next Meeting: May 3, 2022, 12:30 p.m. Same link as above. - Virtual meeting via Zoom

Next Homeless Services Work Group: Dark in April. Next meeting-May 18, 2022, 10:00 a.m. Zoom:

<https://us02web.zoom.us/j/81925601759?pwd=LzBuaGVWN0h4bDdPTWVmVkw3aUFDUT09>

Next Community Health Work Group: Dark in April. Next meeting May 17, 2022, 8:30 a.m.- Zoom:

<https://us02web.zoom.us/j/82094867584?pwd=UFV2YmM0ckI3aXA0ZzRwU25ERDhWdz>

Next Food Access Network Meeting: Monday, April 11, 2022, 1:00 p.m.- Zoom:

<https://us02web.zoom.us/j/83872943149?pwd=dDhRMU1VUG1sOWFabTVoZ2pGYm4vUT09>

2022-2024 Overall Strategic Focus

El Cajon Collaborative

Goals:

1. Equitable Community Access to Nutritious Food:

- A. Objective: Organize nutrition education to youth and adults at community events, meal distributions and food pantries.
- B. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program.
- C. Objective: Provide opportunities for local community pantries and meal distribution sites to network and share resources with one another and the people they serve.

2. Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:

- A. Objective: Support anti-bullying campaigns and education to families.
- B. Objective: Work with Collaborative partners to promote outreach efforts to educate and assess depression and trauma following COVID-19.
- C. Objective: Distribute information on substance abuse prevention through Collaborative partners and at all community events including tobacco, vaping, opioid use, and marijuana.

3. Advance opportunities to create safe, healthy, and livable neighborhoods.

- A. Objective: Ensure safe, fair, and affordable housing across the continuum of need.
- B. Objective: Increase community engagement in self-sufficiency opportunities.
- C. Objective: Increase opportunities for meaningful leadership and civic engagement.
- D. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk.

4. Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.

- A. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review, and updates.
- B. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.

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