

El Cajon Collaborative Council Meeting

April 7, 2020 / 12:30 – 2:00pm

**Cajon Valley Union School District**

**750 E. Main St., El Cajon, CA 92020**

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

Meeting Agenda

A Healthier El Cajon—Addressing Homelessness

1. Welcoming Remarks, Introductions & Announcements: *(10 minutes)*
2. Recap of World of Wellness Resource Fair: Lexington Elementary School *(10 minutes)*
3. Presentation: Farm to School Collective: A Project of CHIP and CVUSD *(20 minutes)*
4. Addressing Homelessness in El Cajon and East County: *(50 minutes)*

Panelists:

# City of El Cajon, City Manager Graham Mitchell

East Co. Homeless Task Force, Anna Marie Snyder-Piconi

Home Start, Inc., Laura Tancredi-Baese

V. **Adjournment**

Next Meeting: Tuesday, May 5th 12:30 p.m. CVUSD Board Room

**Next Homeless Services Work Group:** Tuesday, May 5th 9:00 a.m. CVUSD Board Room

**Next Community Health Work Group:** Tuesday, April 21st 8:30 a.m. Little House

A group of people posing for the camera

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**2020**

Persons who have been homeless carry within them a certain philosophy of life which makes them apprehensive about ownership. --- Jerzy Kozinski

2020-2024 Overall Strategic Focus

El Cajon Collaborative

1. **Increase access to healthy, nutritious food:**
2. Objective: Assess retail stores and work towards creating healthy markets in El Cajon;
3. Objective: Organize nutrition education to youth and adults at community events through CalFresh Healthy Living;
4. Objective: Ensure CalFresh application assistance at all community events and education on changes to the program;
5. **Enhance prevention strategies and increase advocacy efforts for mental wellness and substance abuse prevention:**
   1. Objective: Promote ACES education to the public and school districts;
   2. Objective: Support anti-bullying campaigns and education to families;
   3. Objective: Create community partnerships for IEP trainings and advocacy;
   4. Objective: Promote drug-free, smoke-free environments;
6. **Advance opportunities to create safe, healthy and livable neighborhoods.**
   1. Objective: Ensure safe, fair and affordable housing across the continuum of need;
   2. Objective: Increase community engagement in self-sufficiency opportunities;
   3. Objective: Increase opportunities for meaningful leadership and civic engagement;
   4. Objective: Support community-wide activities for families and individuals that are experiencing homelessness or are at risk;
7. **Support the Cajon Valley Union School District (CVUSD) for Health and Wellness Activities and Policies.**
   1. Objective: Serve as the Wellness Council for CVUSD to build awareness of and engagement in school and district-wide health policy development, implementation, review and updates;
   2. Objective: Organize and execute a district-wide Wellness Fair with stakeholders to share information with students, staff, families and the community about healthy eating, physical activity, health services and other local health and wellness resources.