

WOMEN'S PROGRAMS

The County of San Diego offers substance abuse treatment and recovery programs to meet the special needs of women. These programs are for women with children, women without children and pregnant women and teens.

Treatment programs for women are located all over the County with many services available. Some of these services for participants may include:

- Free childcare
- Free or low-cost services
- Free services for people with Medi-Cal
- Transportation to and from services
- Case managers that provide support and referrals
- Residential treatment and recovery programs
- Spanish-speaking staff
- Work preparation activities
- Classes for improving self-esteem, parenting, life skills and healthy relationships

- ▲ Wheelchair Accessible
- Spanish/Bilingual Services Available

Programs are organized by region
however,

**SERVICES MAY BE SOUGHT AT ANY
LOCATION.**

CENTRAL

NON-RESIDENTIAL SERVICES

- ▲ CRASH – Options for Recovery
5605 El Cajon Boulevard
San Diego, CA 92115
(619) 229-8201
- ▲ MHS – Harmony Women's Recovery Center
6154 Mission Gorge Road, Suite 120
San Diego, CA 92120
(619) 285-1718
- ▲ San Diego Youth and Community Services (SDYCS)
Teen Options (**Perinatal**)
3660 Fairmount Avenue
San Diego, CA 92105
(619) 521-2250
- ▲ Catholic Charities, Inc.
Rachel's Women's Center
759 8th Avenue
San Diego, CA 92101
(619) 696-0873

RESIDENTIAL SERVICES

- ▲ CRASH – Short Term
2410 E Street
San Diego, CA 92102
(619) 234-3346
- ▲ Crossroads
3594 Fourth Avenue
San Diego, CA 92103
(619) 296-1151
- ▲ MAAC Project – Casa de Milagros
1127 South 38th Street
San Diego, CA 92113
(619) 262-4002
- ▲ Turning Point
1315 25th Street
San Diego, CA 92102
(619) 233-0067

EAST

NON-RESIDENTIAL SERVICES

- ▲ Vista Hill Foundation
Parent Care Family Recovery Center
4990 Williams Avenue
La Mesa, CA 91941
(619) 698-1663

RESIDENTIAL SERVICES

- ▲ MITE – KIVA, East Wing
(Accepts women w/children up to age 12)
2049 Skyline Drive
Lemon Grove, CA 91945
(619) 465-7303
- ▲ MITE – Options Learning Center
West Wing
2049 Skyline Drive
Lemon Grove, CA 91945
(619) 465-7303
- ▲ MITE – Perinatal Detox
2049 Skyline Drive
Lemon Grove, CA 91945
(619) 465-7303

NORTH

NON-RESIDENTIAL SERVICES

- ▲ MHS – Family Recovery Center
1100 Sportfisher Drive
Oceanside, CA 92054
(760) 439-6702
- ▲ MHS – Options for Recovery, Vista
1010 East Vista Way
Vista, CA 92084
(760) 726-2656

NORTH (continued)

- ▲ North County Serenity House
Serenity Too
130 Fig Street
Escondido, CA 92025
(760) 741-5098

RESIDENTIAL SERVICES

- ▲ MHS – Family Recovery Center
(Accepts women w/children up to age 10)
1100 Sportfisher Drive
Oceanside, CA 92054
(760) 439-6702
- ▲ North County Serenity House
Serenity Center
1341 N. Escondido Boulevard
Escondido, CA 92026
(760) 747-1015
(760) 741-5098 (bed availability)

SOUTH

NON-RESIDENTIAL SERVICES

- ▲ MITE – Options for Recovery,
South Bay Women’s Recovery Center
251-A Palomar Street
Chula Vista, CA 91911
(619) 498-0908
- MITE -- Mujer Project
2354 East 8th Street
National City, CA 91950
(619) 475-8522

COUNTYWIDE SERVICES

CASE MANAGEMENT

ParentCare Perinatal Case Management
(619) 668-4260

OTHER SERVICES AND INFORMATION

Alcohol and Drug Services (ADS)
Administration (619) 584-5007
Visit our website at <http://www.sdads.org>

Access & Crisis Line
1 (800) 479-3339 toll-free

Infoline – Dial 211

*All programs listed in this pamphlet receive funding by contract with the County of San Diego. Services are provided without discrimination on the basis of age, sex, race, disability or inability to pay. Bilingual (Spanish) services are available. Client fees are waived for Medi-Cal certified services. Services are not denied if the individual is unable to pay. **Programs are organized by region, but may be sought at any location.***

County of San Diego
Health and Human Services Agency

ALCOHOL and DRUG SERVICES
3255 Camino del Rio South
San Diego, CA 92108



DIRECTORY OF WOMEN'S SERVICES

Mission Statement:
Lead the County of San Diego in reducing alcohol and other drug problems through community engagement



“A woman is the full circle. Within her is the power to create, nurture and transform.”
Diane Mariechild, Author

BOARD OF SUPERVISORS

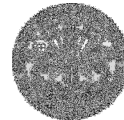
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