

How Trauma Informed Care Will Make Staff Jobs Easier

1. Focuses on root problem
2. Preventative
3. Increases support system
4. Facilitates collaboration
5. Shares workload
6. Empowers client
7. Provides consistency within agencies and systems
8. Evidence based best practices

Join our Google Group:
www.tinyurl.com/SD-Trauma-group

Take our survey
www.tinyurl.com/SD-Trauma-survey

A Community Collaborative

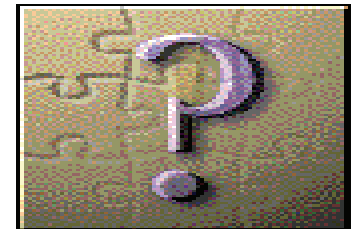
- California Center of Excellence for Trauma Informed Care
- County of San Diego—Behavioral Health Services and Office of Violence Prevention
- Children’s Hospital-Chadwick Center
- Episcopal Community Services
- Family Justice Center-East County
- Homestart
- Mental Health Systems Inc.
- ONTRACK Consulting (technical assistance)
- San Diego Youth Services
- South Bay Community Services
- Survivors of Torture
- UCSD Outpatient Psychiatric Services

For Information Contact:
SDTIGT@GMAIL.COM

Are You Asking The Right Questions?

A Client Centered Approach

San Diego Trauma Informed Guide Team



Mission Statement

To promote the development and provision of trauma-informed services in San Diego County's agencies and systems through collaboration, advocacy and education.

Vision Statement

- Integrated collaborative
- Inclusive and unbiased
- Leaders in trauma
- Evidence-informed
- Professional, certified, evidence-based integrated paradigm shift
- National model – what is working
- Supports to bring about change
- Consultants
- Source of support to change the process

Core Values

- Transparency
- Respect
- Dignity
- Non-judgmental
- Integrity
- Compassion
- Accountable
- Open-mindedness
- Respect diversity



Guiding Principles

- Individualized
- Strengths-based
- Agencies are our “clients”
- Services to address needs of agency's and systems
- Promote person in environment perspective
- High standard of professional competency

Support for Trauma Informed Care

- ACE Study
- Treats the whole person not just the problem they came in with
- Prevents cycling through systems of care

FUTURE DIRECTIONS:

- Toolkit for trauma informed care
- Certification
- Technical Support