



El Cajon Collaborative
Council Leadership Planning Meeting Notes
August 6, 2013

Purpose: To review Council input and make a strategic plan for Council meetings for the upcoming FY September 2011-June 2012

AGENDA ITEMS/ DISCUSSION

I. Introductions-

Council Facilitator, **Veronica Mikho, National Conflict Resolution Center**, facilitated group introductions.

Meeting Attendees:

Romalyn Watson, Cathy Gates, Marcy Clayson, Steve Lauria, Betty Chafetz, Karin Ingrande, Rosa Davis-Gonzalez, Lauren Muckley, M. Camarda, Besma Coda, Veronica Mikho and LaVonna Connelly.

II. Review and discuss input collected at July Council meeting-

Veronica facilitated group discussion regarding the input from the July meeting. The group decided to keep presentations to 15 minutes each and the following presentation topics for FY2013-14 were chosen:

* **Alcohol, tobacco and other drugs**

-Latest trends on alcohol/drugs (including youth trends)

* **Food**

-Access to fresh food/ other food resources

* **Culture and /refugees/ immigrants**

-Undocumented residents/ how they live/ services available to them

-Acculturation/ **Panel of refugees to tell their story**

* **Education**

-ESL students and the educational system

* **Employment**

-Entrepreneurial opportunities/ micro-enterprise

-Small business start up work shops

-East County Career Center (handouts)

* **Finance**

-Improving/building credit

* **Health**

-Dental health resources (low/no cost)

-Affordable Care Act update

-Women's health/ importance of medical care while pregnant

-Reproductive health, STD rates among our youth

* **Housing**

-Safe and affordable housing

-Section 8 (handouts)

-Affordable Housing Directories (handouts)

* **Legal**

-Immigration Reform update

-Courthouse (East) resource update

*** Mental health**

- Mental Health First Aid or Question, Persuade, Refer (QPR) training
- Mental health resources in East

*** Poverty**

- Homelessness (case studies on how one becomes homeless/ overcoming homelessness)
- Senior issues/ resources available
- Veterans/ resources available (including Aid and Assistance benefit)

*** Safety**

- Disaster preparedness (including disaster prep event updates from Monica Zech)
- AB109 update (formerly incarcerated adults and youth)
- Pedestrian safety

*** Transportation**

- Transportation resources available in El Cajon (bus, trolley, cab, shuttle, including routes downtown and to rural areas)
- SANDAG Workshop to discuss policy areas: transportation, housing, health, land use, public facilities and economic prosperity/employment.

*** Youth**

- Positive youth development activities for middle-schoolers and high-schoolers
- Cyber-bullying/bullying prevention
- Resources available to parents
- Parenting classes (handouts)

*** Additional Ideas or Notes (on presentations):**

- More veterans info from VA ad local specific programs for veterans
- Homeless action other than counting
- Parenting information (classes, education for parents)
- Child psychiatrists
- I would like to continue to see topics grouped according to subject or age group
- In home elder care services
- Updates on SDSU cultural and artistic events for East County residents
- We need to educate our community more about the important health plans and insurance. Some are eligible for no cost and are not aware. Some are eligible for low cost and still not enrolled. Let's enroll people in health insurance.
- I think that there should be a greater focus on providing information about health matters pertaining to seniors
- I'd like to see more sensitive topics be addressed such as the high STD/unintended pregnancy rate among our teens. I think the community as a whole needs to be aware so we can begin to find/implement solutions

III. Workgroup Reports

Veronica led the group in further discussion regarding workgroups. They decided to allow workgroups to give five minute report outs as needed in Council meetings.

IV. SANDAG Policy Areas

LaVonna explained to the group that ECC needed their support for the SANDAG community outreach activities. After some discussion, the group decided that they would like to have one meeting this year to focus on SANDAG policy areas. This activity will serve as the Council's discussion of issues and involvement in action planning for FY2013-14.

Policy areas of most interest included:

- Transportation
- Health
- Economic Prosperity
- Land Use
- Housing
- Public Facilities
- Environment

V. Confirming Council Facilitator

LaVonna reviewed the votes obtained for Council Facilitator. The group confirmed Veronica Mikho (17 votes) as the Council Facilitator for FY2013-14. Other votes included:

LaVonna Connelly (1)

Laura Andrews, Mental Health America (1)

No Vote (3)

VI. Adjournment-

Veronica thanked group members for a productive meeting and the meeting was adjourned.

The Next El Cajon Collaborative Council Meeting:

Tuesday, September 3, 2013 (first Tuesday of the month)

12:30-2:00pm

Location TBD