



The Gift of Health Research Study



Are you interested in working with pregnant and new moms?

Help new moms in your
community have a healthy
pregnancy and baby!



*For more information, please
contact:*

Christine Williams

619-243-2422,

cbw001@ucsd.edu

Or apply directly at:

www.syhc.org

Promotora (Health Coach) Job Details:

- Lead group classes in nutrition and breastfeeding with first-time pregnant and new moms.
- Offer support to first-time mothers (in person and by phone).
- Work with research team, breastfeeding peer counselor, and fitness instructor
- Temporary position with paid salary (22 hours each week for 9 months), bilingual English and Spanish
- Preferred experience:
 - +working with women during or after pregnancy
 - +helping women with behavior change