



**El Cajon Collaborative
Core Team Meeting Notes
August 16, 2011**

Purpose of the Core Team:

To provide oversight and direction for the interagency partnerships and implementation of initiatives in the El Cajon Collaborative that are consistent with the Mission, Vision and priorities of the collaborative.

AGENDA ITEMS/ DISCUSSION	CONCLUSION/ ACTION
<p>I. Welcome & Sharing of Positives- Chair, Steven Jellá, San Diego Youth Services, began the meeting at 8:40am.</p> <p>Meeting Participants: Marilee Gorham, Suzie Moser, Romalyn Watson, Nora Cole, Michelle Zeidler, Joe Eberstein, Jibriel Blejani, Dilkhwaz, Rigo Garcia, Richard Preuess, Tanya Bulette, LaVonna Connelly, Rosa Ana Lozada and Steven Jellá.</p>	
<p>II. Approval of July Meeting Notes- Core Team members reviewed July’s meeting Notes, and approved without correction.</p>	
<p>III. San Diego County Report Card- focus on El Cajon- Presentation by Paula Ingram, Associate Director of The Children’s Initiative Paula Ingram, The Children’s Initiative, presented data and recommendations from the 2009 <i>San Diego Report Card</i>. She also included some data from the 2011 <i>San Diego Report Card</i>, which will be published this year. Highlights relevant to Core Team were as follows:</p> <ol style="list-style-type: none"> 1. <u>Immunizations</u> (Children 19-36 months old) San Diego has historically been above the National rates of childhood immunizations. However, the newest data indicates a downward trend in San Diego. 2. <u>School Attendance</u> (K-5) One fourth of students K-5 miss 10 or more days of school each year. Students who miss school often have negative educational outcomes. 3. <u>Obesity</u> (Grades 5, 7 & 9) CVUSD students are above the National average for obesity. Highest rates were in the following schools: Meridian, Naranca, Madison, Chase, Vista Grande, Johnson, Avocado, W.D. Hall, and Flying Hills. 4. <u>Substance Abuse</u> (Grades 7,9 & 11) In all three grades (7,9 & 11), students used tobacco the least, marijuana more, and alcohol the most. There was a clear upward trend of use of all three substances as students entered higher grades. Twenty-five percent of 11th graders surveyed, stated they used marijuana in the last 30 days. Thirty-five of 11th graders stated they used alcohol in the last 30 days. 5. <u>Juvenile Crime</u> (Youth 10-17 years old) The data reflected a downward trend in misdemeanors and a slight upward trend in felonies. The number of juvenile arrests in El Cajon was higher than in La Mesa, Lemon Grove and Santee. From 2007-2009 El Cajon had an average of 71 juvenile arrests per year. 6. <u>Health Insurance Coverage</u> (Children 0-17 years old) The data indicated that the majority (60%) of health coverage in San Diego County is Employer-based, followed by Medicaid (20%) and Healthy Families (5%). Five percent of 	

<p>children surveyed were UN-insured, which is lower than the California average.</p> <p>7. <u>Child Abuse/Neglect</u> (Children 0-17 years old) The data reflected a downward trend in child abuse/neglect in both San Diego County and California. Substantiated abuse rates are higher in San Diego than in the state of California. Ten in 1,000 children surveyed had suffered substantiated abuse/neglect in California as compared to 12 out of 1,000 children in San Diego County. East Region's rates are even higher than the San Diego County average, with 13 out of 1,000 children suffering abuse/neglect.</p> <p>8. <u>Child Victims of Violent Crime</u> (Children 0-17 years old) This set of slides was of particular interest to Core Team members. The data indicated that the majority of robberies, aggravated assaults, rapes and murders among youth 0-17 years old take place from 3:00-6:00pm (during critical after school hours). In 2008, youth 0-17 years old in San Diego County committed about 190 robberies, 460 aggravated assaults, 490 rapes and 1 murder between the hours of 3:00-6:00pm.</p> <p>Paula shared recommendations for action for each of these categories. Notes on those recommendations are integrated into the discussion notes below.</p>	
<p>IV. Presentation Discussion & Connection to ECC Strategic Objectives</p> <p>Following Paula's presentation, Core Team members were in agreement that the data highlighted the need for community-level intervention. Joe Eberstein, Institute for Public Strategies, noted that the data reflected that the 2nd Street area seems to have higher rates of youth crime, child abuse, and obesity. He stated that he had been working with community members and business owners in that area to decrease serial inebriation and aggressive panhandling, and he would be happy to share the "2nd Street Project" information with the Core Team. Barbara Ryan, Rady's Children's Hospital, commented that the rates of child abuse in East Region were shocking. Dilkhwaz Ahmed, License to Freedom, commented that a high number of Middle-Eastern refugees came to El Cajon from 2009-2011. Her observation was that many of those refugee families have come forward for help with domestic violence and other types of abuse. She stated it will be interesting to see how those added cases of abuse impact the overall data for East Region in the 2011 Report Card. Michelle Zeidler, Harmonium, shared that much of the funding for after school critical hour (3-6pm) programming had been eliminated, when there is still an obvious need. Marilee Gorham, City of El Cajon Recreation Services, followed up on Michelle's comment by saying that although funding for critical hours programming had been cut, there is still plenty the community can do at a grass roots level. Core Team Chair, Steven Jellá, San Diego Youth Services, noted that with all the after school crime, there may be a need for "safe passage" efforts to be implemented for youth who would like to safely travel to after school activities offered in the community. Suzie Moser, community volunteer, noted that the downward trend in childhood immunizations was a concern and suggested that the ECC consider putting on an educational presentation on the importance of immunizations, highlighting data that dispels the myths that immunizations are causing autism. Jibriel Blejani, Kurdish Human Rights Watch, wanted to know, since immunization rates had been higher in San Diego County than across the country, why aren't the autism rates also higher in San Diego County? Steven replied that there is a lot of conflicting information about immunizations. Rosa Ana Lozada, Harmonium, stated that all of the factors discussed in Paula's presentation were interrelated, and that collaboration, as recommended by The Children's Initiative, was what ECC does and she recommended the ECC model be captured as a best practice. Steven stated that among youth misdemeanor offenders who successfully complete juvenile diversion programs, 80-85% do not re-offend. He stated that this highlights the need for continued support of juvenile diversion programs. The group agreed that the data had brought them to a decision point. The group discussed</p>	<p>Joe will send LaVonna information about IPS's "2nd Street Project" to share with Core Team members.</p> <p>No decision was made on whether or not to plan an immunization forum.</p>

<p>how ECC could contribute to solutions, but discussion centered around whether the work should be done community-wide, or be focused on a smaller known high-risk area? Steven suggested that the ECC's efforts focus on the "2nd Street area". He stated that the Park Survey data could also be useful in determining how to increase park use and healthy living activities in the 2nd Street area. Marilee shared that the Healthy Adventures Foundation did extensive research on park use in the East Region, and suggested that the Core Team invite Wendy Hileman of Healthy Adventures to share her data at September's Core Team meeting. Joe recommended that the Core Team consider focusing on a "safety corridor" in the 2nd Street area; What streets do kids walk? What businesses do they pass? What is going on in their community? What are these kids being exposed to? He stated it would be good to work on specific solutions to specific detrimental environmental factors.</p>	<p>The group was in consensus that they would like to have Wendy Hileman present at September's meeting. LaVonna will contact Wendy to set it up.</p>
<p>III. Collaborative Reports- Steven stated that Collaborative Reports were included on the back side of the Agenda document. He highlighted that Newcomer Working Group update. LaVonna Connelly, ECC Coordinator, shared that she had been consulting Newcomer Working Group attendees, and was working to finalize an Agenda for the Newcomer Working Group meeting on Thursday, September 1, 2011 at Cajon Valley Union School District. She encouraged Core Team members to attend.</p>	
<p>IV. Other Announcements/Accomplishments-</p> <ul style="list-style-type: none"> ➤ Joe Eberstein shared that he is moving to Los Angeles to implement a new contract for Institute for Public Strategies. ➤ Nora Cole announced that Family Health Center of San Diego was awarded a certification as a Joint Commission recognized Primary Health Care Medical Home Entity. FHCS is only the 2nd Federally Qualified Health Center in the country to achieve this. ➤ Steven Jellá shared that he will be taking a month off after the birth of his child in August and will not be at the next Core Team meeting. ➤ Marilee Gorham shared that she will be hosting the Building Better Health meeting in December at the newly renovated Rennett Park. She stated that she will be doing a presentation on Rec Services that are in line with the BBH strategy, and she asked the Core Team how they would like to be involved. 	<p>LaVonna will follow up with Core Team and other Collaborative members to encourage contribution to Marilee's presentation.</p>
<p>NEXT MEETING: (3rd Tuesday) September 20, 2011 8:30-10:00am Little House/ 131 Avocado Ave, El Cajon, CA 92020</p>	

Reminder of Upcoming Meetings:

Meeting	Date	Time	Location
Executive Team	October 7, 2011	9:00-11:00am	Little House
Finance Team	September 26, 2011 (4 th Monday)	4:00-5:00pm	Little House
El Cajon Collaborative Council	October 4, 2011 (2 nd Tuesday)	12:30-2:00pm	Cajon Valley Union School District Offices <i>Board Room</i>
East Region Collaborative Network (ERCN)	September 5, 2011 (3 rd Thursday)	10:30am-12:00noon	Spring Valley Elementary School