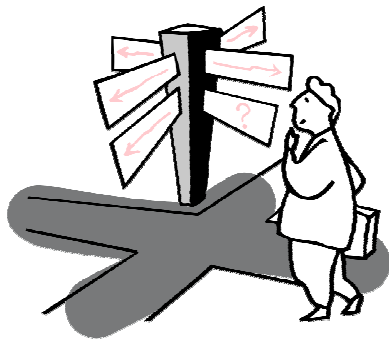


Available Low Cost Counseling



My name is Stephanie Fillmore, I am a Registered Marriage and Family Therapist (MFT) Intern, (License #60643). Currently, I'm under the supervision of Claudia Franzosi, MFT.

My focus is **you** and **your** needs. I have a history of working with trauma victims, disabilities, bereavement and grief, children, families, marriages, and much more.

My fee is based on a sliding scale specific to each individual need. I am available during the weekdays and evenings- **Home visits are available but are limited.**

Please contact me today for a free phone consultation. I look forward to meeting you soon.

615 East Lexington Ave
El Cajon, CA 92020
619-438-0555

This Line is accessible 24 hours a day, 7 days a week.

Email is available: help@notrauma.com

Website www.notrauma.com

No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com	No Trauma 619-438-0555 notrauma.com
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Let's Talk - Domestic Violence

This group is for men, women, and families that have experienced Domestic Violence, Trauma, Molestation, etc.

The fee varies based on the case and police report. Cash paying clients would be offered a sliding scale based on income.

This group will begin **September 15, 2011**. Please call (619-438-0555) today to make reservations. Discussion group will be held on **Thursdays at 630pm.**

Location

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My name is Stephanie Fillmore, I am a Registered Marriage and Family Therapist (MFT) Intern, (License #60643). Currently, I'm under the supervision of Claudia Franzosi, MFT. Together we have a private practice located near downtown El Cajon, California. I am sending you this letter informing your facilities of my low fee counseling that may be beneficial during these difficult economic times.

I have a Bachelor of Arts from Metropolitan State College of Denver, with an emphasis in Psychology and Human Services. My graduate degree is a Master's of Science in Marriage, Family and Child Therapy (MFT) from University of Phoenix. My professional experience includes three years in the Mental Health Profession and I have gained six years of practical employment experience working with the brain injured, developmentally challenged and bereavement clients. I also pursued and obtained additional education in the Prepare/Enrich Training Program, Emotional Freedom Techniques, and Eye Movement Desensitization and Reprocessing, commonly known as EMDR. I welcome the opportunity to broaden the scope of my skills and knowledge to ensure a full and complete private practice.

My primary purpose is to provide a comfortable and safe counseling environment for each individual. I offer a wide variety of therapeutic approaches including, but not limited to, Cognitive Behavior, Solution Based and Humanistic Perspective. The overall objective will be to design a results oriented plan that addresses current and future personal growth goals. This eclectic and individualistic approach promotes personal healing, cognitive change and individual growth.

Services: Adolescent Therapy, Child Play Therapy, Couples Therapy, Family Therapy, Military Lifestyle Challenges, Individual Therapy, Pre-Marital Therapy, Marital and

Divorce Counseling, Stress and Anxiety Management, Addiction, Relationship Guidance, Emotional Trauma, Developmental Disabilities, Brain Injury Counseling, Domestic Violence, Sexual Abuse, Depression, Pre-Bereavement, Bereavement and Loss.

My fee is based on an income sliding scale with a minimal fee of \$40.00 to \$125.00 for an individual or \$ 50.00 to \$135.00 for a family session. Sessions are about 45-50 minutes.

Please pass along the enclosed business cards to those who may benefit from counseling services. Thank you very much for your time.

Stephanie Fillmore MFT Intern (60643)

615 East Lexington Ave
El Cajon, CA 92020

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