



NEIGHBORHOOD HEALTHCARE

Family Health Awareness Day



Health Fair & Food Distribution



Free prize drawing!

Come join us for a day full of exciting healthy activities and great health resources this coming Thursday, October 6th, 2011

from 2 p.m. to 5 p.m. at Neighborhood Healthcare

Located at 10039 Vine St in Lakeside, CA 92040

For more information, please call

(619) 270-3677

The first 150 families to arrive will receive a free bag of groceries (while supplies last)

- ✘ We will calculate your child's BMI
- ✘ Come learn about services available in your community
- ✘ Bring your SDG&E bill for assistance applying for the CARE monthly discount and receive a free gift
- ✘ Blood pressure checks



- ✘ Immunization status
- ✘ Free application assistance for kids health insurance programs and Cal Fresh benefits
- ✘ Free bike repair (while supplies last)
- ✘ Free varnish and dental screenings for kids 1 to 18 years old (while supplies last)

Neighborhood Healthcare thanks its partners for making our Lakeside Family Health Awareness Day possible



To learn more about Neighborhood Healthcare, visit www.nhcare.org