

Come join us for a day full of exciting healthy activities and great health resources this coming Thursday, October 6^{th,} 2011 from 2 p.m. to 5 p.m. at Neighborhood Healthcare Located at 10039 Vine St in Lakeside, CA 92040 For more information, please call (619) 270-3677

The first 150 families to arrive will receive a free bag of groceries (while supplies last)

- ☑ We will calculate your child's BMI
- Come learn about services available in your community
- Bring your SDG&E bill for assistance applying for the CARE monthly discount and receive a free gift
- Blood pressure checks



- Immunization status
- Free application assistance for kids health insurance programs and Cal Fresh benefits
- Free bike repair (while supplies last)
- Free varnish and dental screenings for kids 1 to 18 years old (while supplies last)

Neighborhood Healthcare thanks its partners for making our Lakeside Family Health Awareness Day possible















