



Core Team Meeting Notes  
 May 15, 2018 / 8:30-10:00 a.m.  
 Little House 131 Avocado Ave. El Cajon, CA 92020

**Core Team Meeting Purpose:**  
 To provide oversight and direction for the interagency partnership  
 and implementation of initiatives in the Collaborative.

<b>Agenda Items</b>	<b>Action</b>
<p><b>I. Welcome and Introductions, participants included:</b>            Laura Beadles, Tami Johnson, Adam Tronerud, Judith Hays-Zavala, Monica Melgoza, KellyAnne Rodriguez            Guests- Y. Lillian Tonda, Jesus Pacheco            Staff-Carol Lewis</p>	
<p><b>II. April Meeting Notes</b>            Approved</p>	Approved
<p><b>III. CVUSD School Wellness Updates</b></p> <ul style="list-style-type: none"> <li>• Tami Hestor-Johnson from CVUSD presented on the Physical Activity testing that is coming up for fifth and seventh grade students. The test is now calculated, creating a score for each student. Physical fitness programs can be tailored to the ability of the students. Schools now have fitness equipment that can be used by students to build up strength and cardio.</li> <li>• Sexual Health—Fifth grade students receive education on puberty, but not sexual health. Sexual health is introduced in seventh grade. We had a short discussion if this is too late when Judith shared that as a PHN she has seen pregnancies last year with 12-year old girls.</li> <li>• Culturally sensitivity- Some ways that CVUSD has become more sensitive is by adjusting PE schedules to students who are fasting, culturally appropriate PE clothing and changing, accommodating transgender students with facility use and having menstrual products available for middle school students.</li> <li>• CVUSD has a tobacco cessation program with 3-4 visits for brief intervention including goal setting and support following the interventions.</li> <li>• Love Our Tweens—(formerly Love Our Daughters) saw a dramatic decrease this year from 400 last year to less than 10%. Some felt that parents didn't understand what "tweens" meant. It is a wonderful program that provides a community circle to offer support and education.</li> </ul>	No action required.
<p><b>IV. El Cajon Collaborative Updates</b></p> <ul style="list-style-type: none"> <li>• <b>Council Meetings</b>            This month's meeting will the screening of the Resilience film with a facilitated discussion following. We had a brief discussion on the film's content and stories and events that have followed screenings</li> </ul>	No action required.

<p>in other locations.</p> <ul style="list-style-type: none"> <li> <b>Homeless Services Work Group Meeting</b>            The group met with Miguel Gavallin, CVUSD about McKinney-Vento students and the assistance offered by the school district. The group was interested in how they could offer support beyond the services offered by the school district. Some great ideas came out of the meeting such as offering food resources for adults at the summer lunch programs, gift certificates to thrift stores for clothing, adding a pantry at a summer lunch location, resource tables available, resource fair specific to transitional or at-risk families, and an updated resource list for families.         </li> <li> <b>SANDAG Open House</b>            ECC hosted an Open House for SANDAG on April 30<sup>th</sup> with Nile Sisters and Newcomer Support and Development. The Open House was well attended and guests included the mayor of El Cajon and the vice mayor of La Mesa. Mohammed provided Arabic translation for attendees and seniors and other community members were represented.         </li> </ul>	
<p><b>III. Reports &amp; Updates</b></p> <ul style="list-style-type: none"> <li> <b>Newcomers Information-</b> Monica brought the current report for refugee arrivals. Most of the arrivals were SIVs with very few refugees. The trend is showing that we may not even reach the quota for the year.         </li> <li> <b>Parks &amp; Rec Updates-</b> Adam shared this Saturday, May 19<sup>th</sup>, will be America on Main St. There are some changes this year including the hours. There will be a laser show before closing along with a citizenship ceremony. The theme this year will be America's Heroes. Registrations for summer sessions for the Rec will be open on May 29<sup>th</sup>. Many of the aquatic, gymnastics and summer day camps fill up fast.         </li> </ul>	<p>Information Sharing</p>
<p><b>IV. Roundtable (Accomplishments and Announcements)</b></p> <ul style="list-style-type: none"> <li>Tami is sending Carol information on a program called, "Sofa's Story." It is a play about bullying put on by Point Loma students.</li> <li>Judith shared that they are still hosting HepA Events called "Second Dose," particularly in the unincorporated parts of the county.</li> <li>The San Diego Refugee Forum is hosting World Refugee Day on June 23<sup>rd</sup> at Copley-Price YMCA. Carol will forward the flyer.</li> <li>SDYS is losing their funding for Teen Pregnancy Prevention in year 3 of a 5 year grant due to lack of funding. There are two lawsuits pending to reinstate the program. They are also looking for a licensed program manager.</li> <li>EJE Academies recently started a student/parent/community neopathic clinic at the church across the street from the school. They also applied for 3 grants to update the properties, and received all three. Congratulations!</li> </ul>	

**NEXT CORE TEAM MEETING: Tuesday, June 19, 2018 8:30 a.m.**  
**Next Council Meeting- Tuesday, June 5th at 12:30 p.m. CVUSD Board Room**  
**Next Homeless Work Group Meeting- Tuesday, June 5th at 9:00 a.m. CVUSD Board Room**

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.