



Mental Health and Primary Care Integration Project

Project Overview

The Mental Health and Primary Care Integration Project is an innovative approach to service delivery developed to facilitate integrated care for individuals who need mental health services and would be best served by receiving such services in a community health clinic setting. It is funded by the Mental Health Services Act and San Diego County Mental Health Services. To be eligible clients are required to meet specific diagnostic criteria, be “unfunded” for mental health services and possess a social security number.

Project Components

Specialty Pool Services

There are 16 community health center sites throughout San Diego County providing mental health services to adults and older adults with a Serious Mental Illness and 11 clinic sites providing mental health services to children and youth with a Serious Emotional Disturbance. SMI adults and older adults are able to receive up to 12 visits with a therapist or psychiatrist for therapy and medications. SED children, youth and their families are able to receive up to 24 visits with a therapist as well as visits with a psychiatrist for medication.

IMPACT

IMPACT (Improving Mood and Promoting Access to Collaborative Treatment) is an evidence-based best practice for the treatment of adults and older adults with a depressive disorder and a physical illness. Available services include up to 16 visits with a Depression Care Manager, medications for up to one year, and medication monitoring by the Primary Care Physician.

Senior Peer Promotora Program

The goal of this program component is to conduct outreach, education and engagement to assist older adults and their families in accessing mental health and primary care services and stay in treatment.

Council of Community Clinics

CCC includes 16 clinic organizations with over 90 sites throughout San Diego County. The mission of the CCC is to represent and support community clinics and health centers in an effort to provide access to quality health care & related services for the diverse communities they serve, with an emphasis on low income and uninsured populations.

Council of Community Clinics
7535 Metropolitan Drive
San Diego, CA 92108

mailing address:
P.O. Box 880969
San Diego, CA 92168-0906

Mental Health Program Coordinator
619.542.4355
www.ccc-sd.org

* Funded by the Mental Health Services Act (MHSA) through San Diego County Mental Health Services

Council of Community Clinics - Mental Health and Primary Care Integration Project - Participating Clinics

Organization and Site Information					Services				
Clinic	Address	Phone Number	Kids	Adults	Older Adults	SPS	IMPACT		
Family Health Centers of San Diego									
Grossmont Spring Valley FHC	8788 Jamacha Road	Spring Valley 91977	(619) 515-2353	o	x	x	x		
City Heights Family Health Center	5379 El Cajon Blvd.	San Diego 92115	(619) 515-2367	o	x	x	x	x	
Imperial Beach Health Center									
Imperial Beach Health Center	949 Palm Avenue	Imperial Beach 91932	(619)429.3733x586	x	x	x	x	x	
La Maestra Community Health Center									
La Maestra Community Health Center	4185 Fairmount Avenue	San Diego 92105	(619) 280-4213	x	x	x	x	x	
Mountain Health and Community Srvc									
Mountain Empire Family Medicine	31115 Highway 94	Campo 91906	(619)445.6200x151	x	x	x	x	x	
Alpine Family Medicine	1620 Alpine Boulevard	Alpine 91901	(619)445.6200x151	x	x	x	x	x	
High Desert Family Medicine	44460 Old Highway 80	Jacumba 91934	(619)445.6200x151	x	x	x	x	x	
Neighborhood Healthcare									
Neighborhood Healthcare	425 N. Date Street, Ste 203	Escondido 92025	(760) 746-5857	x	x	x	x	x	
North County Health Services									
San Marcos Health Center	150 Valpreda Road	San Marcos 92069	(760) 736-6700	o	x	x	x		
Oceanside	408 Cassidy	Oceanside 92054	(760) 757-4566	o	x	x		x	
Grand Avenue Clinic	727 San Marcos Blvd.	San Marcos 92078	(760) 736-8810	o	x	x		x	
San Diego Family Care									
Linda Vista Health Care Center	6973 Linda Vista Road	San Diego 92111	(858) 279-0925	o	x	x	x		
Mid-City Community Clinic - Adults	4290 Polk Avenue	San Diego 92105	(619) 563-0250	o	x	x	x		
Mid-City Community Clinic - Peds	4305 University Ave, Ste 150	San Diego 92105	(619) 280-2058	x	o	o	x		
San Diego American Indian Health Cntr									
San Diego American Indian Health Cntr	2602 First Avenue, Suite 100	San Diego 92103	(619) 234-0648	x	x	x	x		
San Ysidro Behavioral Health									
San Ysidro Behavioral Health	4004 Beyer Blvd	San Ysidro 92173	(619) 428-5561	x	x	x	x	x	