



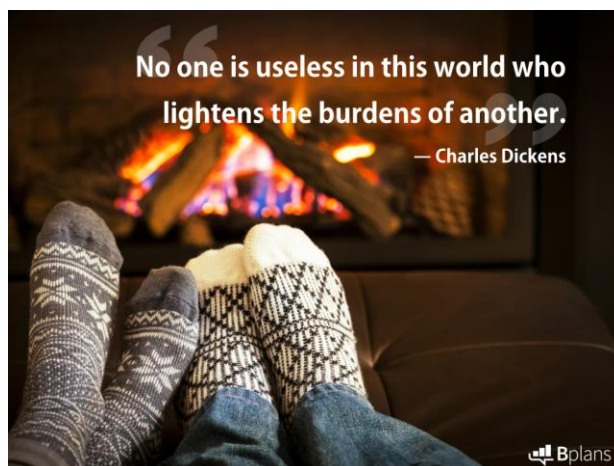
El Cajon Collaborative Council Meeting
December 4, 2018 / 12:30 – 2:00pm
El Cajon Police Department- Community Room
100 Civic Center Way, El Cajon, CA 92020

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

Meeting Agenda
Surviving the Holidays

- I. **Welcoming Remarks & Introductions:** *(10 minutes)*
- II. **East Corner Clubhouse** *(10 minutes)*
Presentation of the East Corner Clubhouse Program
- II. **Presentation:** *(30 minutes)*
Topic: De-Stressing Your Life for the Holidays
Program: Zeta Potential- Whole Person Wellness Education
Presenter: Jennifer Inman, Owner and Yoga Instructor
- III. **Presentation:** *(30 minutes)*
Topic: Networking Activity
Game: Match the holiday song lyrics with others to form the song
Networking: Share within your group your programs and how you can collaborate
- IV. **Announcements and Sharing** *(10 minutes)*
- V. **Adjournment**



Vision:

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

Mission:

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

2016-2020 Overall Strategic Focus El Cajon Collaborative

Goals:

1. Increase pro-social activities for children and youth:
 - A. Objective: Increase access to safe & healthy recreational opportunities
 - B. Objective: Increase opportunities for meaningful youth leadership and civic engagement.

2. Increase community involvement in Collaborative partnerships:
 - A. Objective: Increase community engagement in self-sufficiency opportunities.
 - B. Objective: Increase community partnerships to support cultural inclusion.
 - C. Objective: Mobilize residents to proactively participate in community enhancement activities.

3. Enhance prevention strategies using the public health model:
 - A. Objective: Advance opportunities to create safe, healthy and livable neighborhoods (universal)
 - B. Objective: Improve community health & wellness through resident engagement (secondary)
 - C. Objective: Increase culturally appropriate healthcare services (targeted)

4. Increase advocacy efforts to support policies that:
 - A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
 - B. Objective: Promote economic development to adequately ensure self-sufficiency;
 - C. Objective: Provide educational opportunities leading to career pathways;
 - D. Objective: Address community environments and norms to foster health.

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