



**El Cajon Collaborative Council Meeting**  
**March 6, 2018 / 12:30 – 2:00pm**  
**Cajon Valley Union School District Board Room**  
**750 E. Main St., El Cajon, CA 92020**

Meeting Purpose:

To engage community members in resource sharing, networking, and action to benefit the children, youth and families of El Cajon

**Meeting Agenda**  
**Programs to Live a Healthy Life**

- I. **Welcoming Remarks & Networking Activity: (10 minutes)**  
Please see the networking activity on the screen and share with your neighbor
  
- II. **Short Presentation: (10 minutes)**  
**Topic:** Smoke Free for All San Diegans  
**Program:** Catholic Charities, Diocese of San Diego  
**Presenter:** Anya Kuzma, Outreach
  
- III. **Presentation: (30 minutes)**  
**Topic:** DV Programs  
**Program:** Crisis House, Inc.  
**Presenter:** Lori Saldate, MSW Domestic Violence Housing and Assessment Coordinator
  
- IV. **Presentation: (30 minutes)**  
**Topic:** Childhood Lead Poisoning Prevention  
**Program:** Family Health Centers of San Diego  
**Presenter:** Carlos Alessandrini, CLEAR Nutritionist/Health Educator
  
- VI. **Announcements and Sharing (10 minutes)**
  
- VII. **Adjournment**

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**Vision:**

Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.

**Mission:**

The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.

## 2016-2020 Overall Strategic Focus El Cajon Collaborative

### Goals:

1. Increase pro-social activities for children and youth:
  - A. Objective: Increase access to safe & healthy recreational opportunities
  - B. Objective: Increase opportunities for meaningful youth leadership and civic engagement.
  
2. Increase community involvement in Collaborative partnerships:
  - A. Objective: Increase community engagement in self-sufficiency opportunities.
  - B. Objective: Increase community partnerships to support cultural inclusion.
  - C. Objective: Mobilize residents to proactively participate in community enhancement activities.
  
3. Enhance prevention strategies using the public health model:
  - A. Objective: Advance opportunities to create safe, healthy and livable neighborhoods (universal)
  - B. Objective: Improve community health & wellness through resident engagement (secondary)
  - C. Objective: Increase culturally appropriate healthcare services (targeted)
  
4. Increase advocacy efforts to support policies that:
  - A. Objective: Ensure safe, fair and affordable housing across the continuum of need;
  - B. Objective: Promote economic development to adequately ensure self-sufficiency;
  - C. Objective: Provide educational opportunities leading to career pathways;
  - D. Objective: Address community environments and norms to foster health.

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