



El Cajon Collaborative Council Meeting December 7, 2010 Meeting Notes

Meeting Purpose: *To engage service-delivery staff and community members in resource sharing, networking, and action to benefit the children, youth and families of the El Cajon Community.*

I. Welcoming Remarks & Collaborative Updates

Pam Toohey opened the meeting and welcomed attendees. She requested support for the First United Methodist Church Bethlehem Food Pantry, as the need for nutritional support continues to grow.

II. County of San Diego Health Strategy Agenda

Tala Halsey of Health and Human Services detailed the 10 year *Health Strategy Agenda: Building Better Health*. The County Board of Supervisors adopted it unanimously on July 13, 2010. The presentation included a video about childhood obesity, and the associated issues. She also highlighted the three behaviors and four diseases that account for greater than 50% of deaths (known as 3-four-50) and how the Health Strategy Agenda addresses 3-four-50 at all levels. Treatment costs in San Diego County related to 3-four-50 are approximately \$4 billion per year.

III. Resource Sharing – Community Announcements

The following organizations and community groups were present and shared resources and/or program updates. We recommend that all participants utilize the Collaborative Council contact list to follow up on information presented at the meeting. The Collaborative contact list is updated monthly with individuals who have participated in the meeting within the 6 months. The most recent version can be accessed by emailing: kvickrey@sdyouthservices.org or checking online at the El Cajon Collaborative Google Group <http://groups.google.com/group/elcajoncollaborative?hl=en>

DECEMBER resources and announcements were shared by:

- American Red Cross WIC
- Bethlehem Food Pantry
- Birth Parent Association
- Courage to Call
- Healthy Adventures Foundation
- Institute for Public Strategies
- Iraqi-American Friends
- Mental Health America, San Diego
- San Diego County Library – El Cajon Branch
- San Diego County Library – Rancho San Diego Branch
- Southern Indian Health Council

Any electronic versions of resources shared that were sent to will be made available on the El Cajon Collaborative Google Group while the coordinator is on maternity leave.
(<http://groups.google.com/group/elcajoncollaborative?hl=en>)

Vision: *Through our collaboration, El Cajon's children, youth and families are safe, empowered and thriving.*

Mission: *The El Cajon Collaborative builds relationships, leverages resources and promotes best practices to enhance the quality of life for children, youth and families in our community.*