



## El Cajon Collaborative Council Meeting December 1<sup>st</sup>, 2009 Meeting Notes

Meeting Purpose: *To engage service-delivery staff and community members in resource sharing, networking, and action to benefit the children, youth and families of the El Cajon Community.*

### I. Welcoming Remarks & Collaborative Updates

THANK YOU to everyone who brought food and shared something at the last meeting, it was an overwhelming display and a lot of fun. We look forward to doing it again shortly.

- Newcomer Support Workgroup (Chair: Kara Vickrey)

The newcomer support work group is on Thursday, December 3<sup>rd</sup>. All are welcome to attend and discuss the needs of refugees and newcomers in the El Cajon/East Region area.

- Community Services for Families (CSF) Report

DeAndrea King, CSF case manager gave the report on the CSF program.

### II. Presentation

*San Diego Project Heart Beat - Lorelee Olejnik, Community Relations Specialist*

Lorelee presented information on automated external defibrillators or “AEDs” which are being placed in a variety of locations around the County and can save lives in the event of sudden cardiac arrest. Lorelee demonstrated how easy the devices are to use and encouraged everyone to invite her for a presentation to their organization or community group so she can continue to spread the word about this important program.

*City of El Cajon - Monica Zech, Public Information Officer*

Monica shared information about Holiday safety and how to stay safe at home, while out holiday shopping and on the road. She encouraged everyone to sign up for the “reverse 9-1-1” program which you can do here: <http://www.sdcounty.ca.gov/oes/ready/signup.html>. This program provides a call to a cell phone or an email to an email address you provide if your house is in an emergency situation or needs to evacuate. She also encouraged everyone to use 9-1-1 in an emergency, but to call from a “land line” if at all possible since it will help the emergency responders with your location.

### III. Organization 2 Minute Introductions

This meeting was arranged slightly differently so that small tables of folks were gathered together and each organization present had a few minutes to share. A survey was filled out and a guide for introductions was provided. It was a nice way to share more information, but we did run short on time and will look to solve that in the future by not having a presenter on the days when we have longer introductions. In the future, we will also try to leave 10-15 minutes at the end of the meeting for networking and discussion between folks.

Next Meeting: January 5<sup>th</sup>, 2010!